



tel. 0422-36-4511  
fax. 0422-36-4513



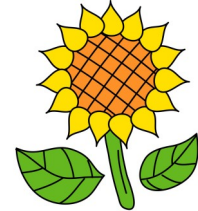
Open: TUE - SAT  
9:00-17:00  
(closed on Public Holidays)  
<https://mia.gr.jp/>  
SWING 9F, Sakai 2-14-1,

# MIA Calendar

## 2021 July ~ September

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**JUL 11 (Sun)**  
**@SWING 11F**

Multi-Language  
**Guidance on  
High School Entrance**  
for Students & Guardians  
of Non-Japanese Speakers

Please attend one of the time slots ①②③.

①13:00-14:00 ②14:30-15:30 ③16:00-17:00



**Please make a booking**

MIA interpretation  
volunteers will be  
there for language  
assistance.

Foreign nationals who want to get into Japanese high schools, and their guardians can consult high school teachers about entrance exams.

- Interpreters: English, Korean, Spanish, Thai, Tamil, Chinese, Nepalese, Filipino, Vietnamese, Bengali, Easy Japanese
  - Capacity: 15 families (First come, first served.)
  - Sign up: ☎0422-36-4511 / ✉mia@coral.ocn.ne.jp
  - Please be sure to read through explanations written in our home page before attending this event.
- URL:<http://www.tokyoguidance.com/singakuguide/>  
(Japanese, English and Chinese)

**SEP 8 - DEC 22**  
**Every WED**  
**15:00-17:00**  
**@SWING 9F**

Study Course for  
Foreign Pupils at  
Elementary/Junior High Schools

Study course for pupils or those who have foreign parents, attending public elementary/junior high schools

- Contents: MIA volunteers support individuals in Japanese, by explaining about questions they have from school classroom situations, Japanese language, etc.
- Capacity: 10 people
- Sign up: Please come to MIA by SEP 6th.



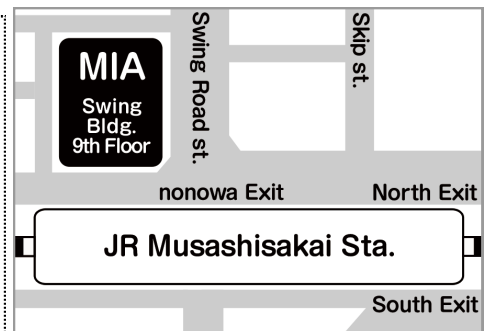
Studying now!

Guidance venue ↓ 11F of this building

### ACCESS

- JR Chuo Line or Seibu Tamagawa Line "Musashi-Sakai Station." JR "Tokubetsu-Kaisoku (Tokkai: Special Rapid)" trains do not stop there.
- After using the **North exit**, head left; or if you use the **Nonowa exit**, it's just across the street on your right!

⚠ You can only use "Suica" or "PASMO" at **nonowa exit**.



<https://mia.gr.jp/>

\*For Zoom events, please get ready in advance so that you are connected on time. Information required for participation shall be notified by the day before such events.

**Thai Language Exchange Class -  
The first step**

@MIA Conference Room

- Instructor : Ms. Somboonporn Teerakan (from Thailand)
  - Contents: Introduction of Thai simple conversation and culture
  - Aimed at: 18 years old or up, who study Thai language for the first time.
  - Schedule: Every Saturday during JUL 31 - SEP 18 (10 times total)
  - Capacity: 10 people (The class will be started if 5 or more people sign up.)
  - Fee: ¥6,000 (MIA member: ¥4,000)
  - Sign up: At MIA Office, via MIA website or return postcard.
- Please be sure to apply with information below:  
Address/name with *furigana*, age, profession, phone number, email address (if available), and MIA member ID number (if available).
- Please sign up by JUL 17 (Sat).
- Postcard must be received at MIA Office by this date.



**JUL 31 (Sat)**  
10:00 - 12:45



**Parent/child participation!  
Kids play club for international understanding:  
"Let's make Ròu Bǐng with Mei-san!"**  
@Civic Center Cooking room

- Instructor: Ms. Wang Mei (from China)
  - Menu: *Ròu Bǐng* (folded *jiaozi* with pleasantly sticky texture)
  - Fee: ¥2,000/pair (MIA member ¥1,000)
  - Eligibility: A child from 5 years old to elementary school 6th grade and a parent. Children who are 10 years old or up can attend by themselves.
  - Capacity: 4 pairs (First come, first served)
  - Sign up via phone from JUL 1st 9:00. Website application is available from the next day.
- \*The fee shall be fully collected in case of cancellation on the day or the day before.

**JUL 31 (Sat)**  
13:45-17:00



**World's home cooking class:  
Thailand**  
@Civic Center Cooking Room

- Instructor: Ms. Kamoshida Sudarat & Ms. Haruyama Bicha (MIA foreign member, from Thailand)
- Menu: Thai style fried chicken, shrimp & green papaya salad, marinated ground pork and herbs
- Capacity: 8 persons (First come, first served)
- Fee: ¥2,000/pair (MIA member ¥1,000)
- Sign up by JUL 24th via phone or MIA website.

\*The fee shall be fully collected in case of cancellation on the day or the day before.

**SEP 18 (Sat)**  
14:00-16:00



**Parent/child participation!  
Kids play club for International Understanding:  
"Let's play with Michael-san!"**  
@Civic Center Cooking Room

- Instructor: Mr. Michael Hammond (MIA foreign member, from Australia)
- Details: Cooking ANZAC biscuits (oatmeal biscuits), handcrafting, playing games etc
- Fee: ¥1000 (MIA member ¥500)
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent. Children who are 10 years old or up can attend by themselves.
- Capacity: 4 pairs (First come, first served)
- Sign up: MIA members from JUL 1st 9:00 via phone, or via website from the next day. Others from SEP 1 via phone, or via website from the next day.

\*The fee shall be fully collected in case of cancellation on the day or the day before.

**SEP 25(Sat)**  
14:00-15:20



**"Know the world!"**

**Let's communicate with people worldwide!"- Mongolia**

- Speaker: Ms. Tugsbayar Enerel (MIA foreign member, from Mongolia)
- Details: Culture and towns in Mongolia, life in Japan ,etc.
- Free of charge
- Capacity: 15 people (First come, first served)
- Sign up by SEP 22nd (wed) via website

**\* When you visit event venues or MIA Office, please be sure to wear a mask, check your temperature and antisepti-cise hands at the entrance.**

**2 radio programs are provided by MIA.**

**Musashino FM (78.2MHz)**

**NEWS from MIA**

Mon~ Fri 10:30~ 10:35    ♪ ♪ ♪  
(Re-air) 17:45~ 17:50  
(Mon) Japanese (Tue/Fri) English    ♪ ♪ ♪  
(Wed) Korean (Thu) Chinese

NEWS from MIA broadcasts useful information for foreigners in 4 different languages from Monday through Friday ♪

**MIA Plaza**

4th Saturday, Every month 18:00-18:30

Let's enjoy foreign guests' talk

**Available also on PC & smartphone!**

**\* Please note events may be cancelled or contents be changed, to be posted on website.**

«Limited Use & Security of Privacy Information» Private information acquired from your application to MIA programs will only be used for the purposes of registration in the events, correspondence of specific program activities and basic information supplied to the instructors for necessary preparation. MIA will not use such private information for the purposes other than the above nor supply such information to any third party.

# Study Support Course for elementary/junior high pupils • MIA Japanese Course

☎ 0422-36-4511

Study Course for elementary/junior high pupils <b>(Study Support Course)</b>	Schedule	Time/Capacity/Fee etc	At MIA Study Course, volunteers assist pupils individually, by explaining questions from classrooms or support homework. Priority is placed on students attending Mushiashino city public elementary/junior high schools.
	SEP 8 - DEC 22 15:00-17:00 Every WED	<ul style="list-style-type: none"> <li>■Capacity: 10 people</li> <li>■Place: MIA Conference Room</li> <li>* Please ask MIA if you want to join after the course is started.</li> </ul> <div style="border: 1px dashed black; padding: 2px; display: inline-block;"><b>Free of charge</b></div>	

## Japanese Course

- **Thursday** OCT 7-DEC 9 \* Childcare available
- **Friday** OCT 8-DEC 10 \* Childcare available
- **Saturday** OCT 9-DEC 11

**For Japanese Courses in detail, please see MIA HP.**

<https://mia.gr.jp/foreigner/japanese>

**MIA Consultation** <https://mia.gr.jp/en/foreigner/consultation> ☎ **0422-56-2922** (For Foreign Nationals)

**JUL 24 (Sat) / AUG 28 (Sat)** @SWING9F  
13:00 p.m. - 16:00 p.m.

**Please make a booking**

You can consult with lawyers, psychiatrists and other experts. Privacy ensured.

"SKYPE" & "Zoom" OK.  
Priority placed on people living in nearby areas.  
See MIA access map on P1.



**Free of charge**

## Foreign Language Information @MIA: 10 Languages

Free of charge. Phone or visit MIA in person.

♡ Interpretation/translation assistance also available.

<b>Japanese·English</b>	Tue · Wed · Thu · Fri · Sat	<b>Spanish</b>	Third Wed 15:00 -17:00 (7/21, 8/18, 9/15)
<b>Chinese</b>	Tue · Wed · Thu · Fri · Sat 10:00 - 17:00	<b>Russian</b>	Second Fri 10:00 -12:00 (7/9, 8/13, 9/10)
<b>Norwegian</b>	Second Wed 14:00 -16:00 (7/14, 8/25, 9/8)	<b>Tamil·Hindi</b>	Fourth Fri 15:00 -17:00 (8/27, 9/24)
<b>German</b>	Third Tue 14:00 -16:00 (7/20, 8/17, 9/21)	<b>Thai</b>	First Thu 10:00 -12:00 (7/1, 8/5, 9/2)

### Consultation Service by Other Organizations: Free of charge

When	Where	Point of Contact
AUG 28 (Sat) 13:00-17:00 *Sign up by AUG 20	Online (Skype/Zoom) Please ask for other system	OCNet 03-3730-0556 Legato Ota 03-3731-3831
SEP 11 (Sat) 13:00-17:00 *Sign up by SEP 10	3F, 1-20-6 Higashi-ueno, Taiko-ku, Tokyo Online (Zoom)	Global Community Interaction (NPO) URL: <a href="http://gci.or.jp/">http://gci.or.jp/</a> E-mail: <a href="mailto:office@gci.or.jp">office@gci.or.jp</a>
SEP 25 (Sat) 13:00-16:00	Kasumigaseki Legal Counseling centers Bar Association Building 3F 1-1-3 Kasumigaseki, Chiyoda-ku, Tokyo	Kanto Federation of Bar Associations, Tokyo Bar Association, Daiichi Tokyo Bar Association, Daini Tokyo Bar Association 03-3595-8575

**For Musashino citizens living a tough life due to COVID-19**

You can consult with  
**Musashino City Office**  
 at  
**Living Support Sub-section,  
 Social Welfare Section,  
 Health and Social Welfare Dept.**  
 むさしのし けんこうふくしぶ  
 せいかつふくしか せいかつそうだんがかり

☎ 0422-60-1254  
 Monday - Friday  
 8:30 - 17:00

Consultations  
 free of charge

Pay cut...  
 Loss of jobs...  
 Difficulty finding jobs...  
 Electricity bills...  
 Water bills... Rent...  
 What to do...?



**MHLW Call Center  
 COVID-19 Vaccines**

Vaccines Information

☎ **0120-761-770**

**Open hours:** 9:00-21:00  
 Everyday, including weekends  
 and holidays.

\* **English, Chinese, Korean,  
 Portuguese & Spanish**

**Thai:** 9:00-18:00

**Vietnamese:** 10:00-19:00

**FRESC Help Desk**

Consultation for foreign nationals  
 who have troubles, by advising  
 how they can be supported, and  
 also by providing necessary tips  
 related to residential matters.

**MON - FRI 9:00 - 17:00**

14 Languages available:  
 Vietnamese, Chinese, English etc

☎ **0120-76-2029** (Toll-free)

**The Foreign Residents  
 Support Center  
 (FRESC)**

**Council of Local Authorities  
 for International Relations  
 Daily Life Information  
 "Emergencies/Disasters"**

SEP 1st is "National Disaster Pre-  
 vention Day." We often have  
 earthquakes and typhoons in Ja-  
 pan. Multilingual information re-  
 sources cover daily life in Japan  
 and what to do during natural dis-  
 asters.

[http://www.clair.or.jp/  
 tagengorev/eja/p/index.html](http://www.clair.or.jp/tagengorev/eja/p/index.html)



Please  
 wear  
 a mask!

**0123 Kichijoji • 0123 Harappa**

~ Please note adjusted rules due to COVID-19 ~

**Open Days:**

**0123 Kichijoji:** TUE-SAT  
 (Closed on SUN, MON, Public Holidays, Year-beginning & Year-end )

**0123 Harappa:** SUN-THU  
 (Closed on FRI, SAT, Public Holidays, Year-beginning & Year-end)

**Open Hours: 9:00-16:00**

**Who can use the facilities?**

Families living in Musashino-shi with children  
 aged 0-3 years old.

**Who cannot use the facilities? :**

People who are bad-conditioned (people who have a cold), people who went to COVID-  
 19 epidemic areas or returned to Japan from overseas in 2 weeks.

**Inquiries:** 0123 Kichijoji 0422-20-3210  
 0123 Harappa 0422-56-3210



Check your  
 tempera-  
 ture before  
 vising!

It is not allowed to eat food in the buildings.

**NHK WORLD-JAPAN**

Various news of the world is provid-  
 ed to a global audience.

<https://www3.nhk.or.jp/nhkworld>

Updates on COVID-19 and disaster  
 prevention etc. are available in vari-  
 ous languages

[https://www.nhk.or.jp/  
 nhkworld-blog/](https://www.nhk.or.jp/nhkworld-blog/)



**Tokyo Metropolitan Foundation  
 "TSUNAGARI"**

A wide variety of information is pro-  
 vided to foreign residents in Tokyo.

<https://www.tokyo-tsunagari.or.jp/>



**MIA Data**

As of June 1, 2021

MIA Supporting Members: 439 people  
 MIA Foreign Members: 631 people  
 (66 countries/regions)