

MIA calendar



tel. 0422-36-4511
fax. 0422-36-4513



https://mia.gr.jp/
SWING 9F, Sakai 2-14-1,
Musashino-shi, Tokyo 180-0022

Open: TUE - SAT
9:00-17:00
(Closed on public holidays)

2022 July ~ September

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Free of charge

Guidebook
¥500

**Guidance on
High School Entrance**
for Students & Guardians
of Non-Japanese Speakers

JUL 10 (Sun)

*** Please make a booking by JUL 2.**

“Orientation” and “Individual Consultation”

- Time: ①12:30-14:00 (Consultation 13:00~)
②14:00-15:30 (Consultation 14:30~)
③15:30-17:00 (Consultation 16:00~)
- *Please attend one of the time slots ①②③.
- Capacity: 15 families per session
(First come, first served)
- Place:
SWING 10F: Chinese
SWING 11F: English, Korean, Spanish, Thai,
Nepalese, Filipino
- Interpreters (tentative):
English, Korean, Spanish, Thai, Chinese,
Nepalese, Filipino
- Sign up: ☎0422-36-4511
mia@coral.ocn.ne.jp

Guidance venue ↓ 10F & 11F of this building

SEP 7 - DEC 21
Every WED
15:00-17:00
@SWING 9F

Free of charge

Study Course
for Foreign Pupils at
Elementary/Junior High Schools

At MIA Study Course, volunteers assist pupils individually, by explaining questions from classrooms and support homework. Priority is placed on students attending Musashino city public elementary/junior high schools.

- Capacity: 10 people
- Venue: MIA 9F Conference Room
- Sign up: Please come to MIA by SEP 6.

* Please ask MIA if you want to join the course after it is started.

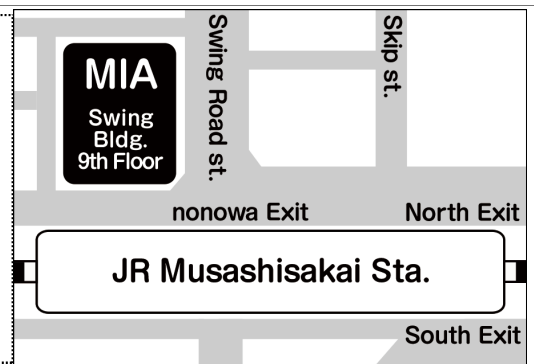
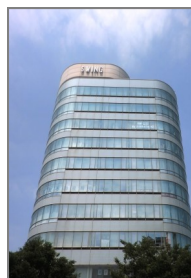


Studying now!

ACCESS

- JR Chuo Line or Seibu Tamagawa Line "Musashi-Sakai Station." JR "Tokubetsu-Kaisoku (Tokkai: Special Rapid)" trains do not stop there.
- After using the **North exit**, head left; or if you use the **nonowa exit**, it's just across the street on your right!

⚠ You can only use "Suica" or "PASMO" at **nonowa exit**.



<https://mia.gr.jp/>

※ Please note events may be cancelled or contents be changed, to be posted on website.

- ① JUL 16 (Sat) 14:00-16:45 Lecture
 - ② JUL 30 (Sat) 14:00-16:45
 - ③ AUG 6 (Sat) 14:00-16:45
- Riitta-san's Batik Experience Class**



Pieces by participants

- Instructor: Ms. Riitta Nagahara (MIA foreign member, from Finland)
- Details: Making an original handkerchief using Indonesian Batik technique
- Aimed at: 18 years old or up, who can attend all the classes scheduled above
- Fee: ¥3,000 (MIA member ¥2,000)
- Capacity: 20 people (A drawing will be held if applicants exceed capacity)
- *The class will be started if 10 or more people sign up.
- Venue: ① MIA Conference Room, ②③ Civic Center Art & Craft Room
- Sign up by JUL 9 12:00 noon via phone or MIA website.
- *The fee shall be fully collected in case of cancellation on the day or the day before.

JUL 23 (Sat) 14:00-16:00
MIA lecture for citizens:
Talk on international understanding
 Let's think together "Tabunk Kyosei" - perspectives and challenges
 @SWING 10F

- Speaker: Mr. Watado Ichiro (Professor Emeritus at Meisei University)
- Topic: *Tabunka Kyosei* - present situation, challenges and points to consider
- Capacity: 50 people (First come, first served)
- Free of charge
- Sign up by JUL 21 (Thu) via phone or MIA website.
- *The program is all in Japanese.

JUL 30 (Sat) 9:45-12:45
World's Home Cooking Class
Indonesia:
 @Civic Center Cooking Room



- Instructor: Mr. RAHMAT DIN NURI (MIA foreign member, from Indonesia)
- Menu: Indonesian fried rice etc
- Aimed at: 18 years old or up
- Fee: ¥2,000 (MIA member ¥1,000)
- Capacity: 9 people (A drawing will be held if applicants exceed capacity) *Priority on those who join the program for the first time. *The class will be started if 5 or more people sign up.
- Sign up by JUL 20 12:00 noon via phone or MIA website.
- *The fee shall be fully collected in case of cancellation on the day or the day before.
- *A drawing will be held if applicants exceed capacity.

AUG 6 (Sat)
10:00-12:00
13:00-15:00
Parent/Child participation!
 Kids play club for international understanding:
Terence-san's Culture Class
 @Civic Center Cooking Room



Lemon Muffin

- Instructor: Mr. Terence Lee (MIA foreign member, from UK)
- Details: Making lemon muffin and cultural introduction etc.
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent. (10-year olds or up can attend by themselves.)
- Fee: ¥1,000 (MIA member ¥500)
- Capacity: 4 pairs (A drawing will be held if applicants exceed capacity) *Priority on those who join the program for the first time. *Only one additional brother/sister may participate in the event.
- Sign up by JUL 29 17:00 via phone or MIA website. *The fee shall be fully collected in case of cancellation on the day or the day before.

SEP 3 (Sat)
14:00-15:20
"Know the World!"
 Let's Communicate with People Worldwide!: China
 @SWING 10F



- Speaker: Ms. Qin Lulu (Foreign student, from China)
- Topics: Towns, culture of China, living in Japan etc.
- Capacity: 20 people (First come, first served)
- Fee: Free
- Sign up by SEP 1 (Thu) via MIA website.

SEP 10 (Sat)
10:00-12:00
13:00-15:00
Parent/Child participation!
 Kids play club for international understanding:
Luan-san & Yang-san's Culture Class
 @Civic Center Cooking Room



- Instructor: Ms. Luan Na, Ms. Yang Bo (MIA foreign member, from China)
- Details: Making colorful Chinese dumplings
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent. (10-year olds or up can attend by themselves.)
- Fee: ¥1,000 (MIA member ¥500)
- Capacity: 4 pairs (A drawing will be held if applicants exceed capacity) *Priority on those who join the program for the first time. *No additional brother/sister can attend this event.
- Sign up by SEP 2 17:00 via phone or MIA website.
- *The fee shall be fully collected in case of cancellation on the day or the day before.



Broadcast of useful information for foreigners in 4 different languages from MON to FRI ♪

Mon-Fri 10:30-10:35
 (Re-air) 17:45-17:50
 (Mon) Japanese (Tue/Fri) English
 (Wed) Korean (Thu) Chinese

Musashino FM (78.2MHz)
MIA Plaza

Let's enjoy foreign guests' talk



4th Saturday, every month
 8:00-18:30

*** When you visit event venues or MIA Office, please be sure to wear a mask, check your temperature and antisepti-cise hands at the entrance.**

MIA Japanese Course

☎ 0422-36-4511

<https://mia.gr.jp/foreigner/japanese>

- Thursday **10/6-12/15** *Childcare available
- Friday **10/7-12/9** *Childcare available
- Saturday **10/8-12/10**
- Schedule 10:30-12:00
- Fee ¥6,000 for 10 times total

Childcare
¥600



MIA Consultation

☎0422-56-2922

(For Foreign Nationals)

<https://mia.gr.jp/foreigner/consultation>

JUL 23 (Sat) / AUG 27 (Sat) / SEP 24 (Sat)

13:00 - 16:00 @SWING

- Free of charge
- Zoom OK
- Priority on people living in nearby areas
- See P.1 for access to MIA

Please make a booking

You can consult with lawyers, psychiatrists and other experts. Interpreter service available. Privacy ensured.

Foreign Language Information @MIA: 10 Languages

Free of charge. Phone or visit MIA in person. ♥ Interpretation/translation assistance also available.

Japanese·English	Tue · Wed · Thu · Fri · Sat 9:00 - 17:00	Spanish	Second Tue 15:00-17:00 (7/12, 8/9, 9/13)
Chinese	Tue · Wed · Thu · Fri · Sat 10:00 - 17:00	Russian	Second Fri 10:00-12:00 (7/8, 8/12, 9/9)
Norwegian	Second Wed 14:00-16:00 (7/13, 8/10, 9/14)	Tamil·Hindi	Fourth Fri 15:00-17:00 (7/22, 8/26, No consultation in SEP)
German	Third Tue 14:00-16:00 (7/19, 8/16, 9/20)	Thai	First Thu 10:00-12:00 (7/7, 8/4, 9/1)

Consultation Service by Other Organizations: Free of charge

When	Where	Point of Contact
JUL 30 (Sat) 10:30-15:00 Booking by JUL 15	Sancha Sharenade Hall 2-16-7 Taishido, Setagaya-ku	Setagaya City Cultural and International Affairs Division 03-6304-3439
AUG 27 (Sat) 13:00-16:30 Booking by AUG 24	Class Room, mics Ota, 1F Ota City Consumer Center 5-13-26 Kamata, Ota-ku	Legato Ota 03-3731-3831 Ohta Citizens' Network for Peoples' Togetherness (OCNet) 03-3730-0556
SEP 4 (Sun) 13:30-15:30 Booking by AUG 28	Bunkyo Civic Center 5F Conference Room 1-16-21 Kasuga, Bunkyo-ku *Online (Zoom) is also available	Bunkyo Multilingual Support Network E-mail:bunkyotagen5sn@gmail.com
SEP 10 (Sat) 13:00-17:00 Booking by SEP 5	3F, 1-20-6 Higashi-Ueno, Taito-ku *Online (Zoom) is also available	Global Community Interaction URL:http://gci.or.jp/ E-mail:office@gci.or.jp

For Musashino citizens living a tough life due to COVID-19

You can consult with
Musashino City Office
 at
**Living Support Sub-section,
 Social Welfare Section,
 Health and Social Welfare Dept.**
 むさしのし けんこうふくしぶ
 せいかつふくしか せいかつそうだんがかり

☎ 0422-60-1254
 Monday - Friday
 8:30 - 17:00

Pay cut...
 Loss of jobs...
 Difficulty finding jobs...
 Electricity bills...
 Water bills... Rent...
 What to do...?

Consultations
 free of charge

**If you are not sure about
 vaccine reservation**

Don't hesitate to ask MIA.
0422-36-4511
Open TUE ~ SAT
(Closed on holidays)
9:00 - 17:00



Don't forget
 to wear a
 mask!

0123 Kichijoji • 0123 Harappa
 Please note adjusted rules due to COVID-19

Open Days:
0123 Kichijoji: TUE-SAT
 (Closed on SUN, MON, Public Holidays, Year-beginning & Year-end)
0123 Harappa: SUN-THU
 (Closed on FRI, SAT, Public Holidays, Year-beginning & Year-end)
Open Hours: 9:00-16:00 (JUN 1 ~ AUG 31 9:00-17:00)

Who can use the facilities?
 Families living in Musashino-shi with children aged 0-3 years old.
Who cannot use the facilities? :
 Persons who are bad-conditioned (like having a cold etc), or those who went to
 COVID-19 epidemic areas or returned to Japan from overseas in 2 weeks.

Inquiries:
 0123 Kichijoji 0422-20-3210
 0123 Harappa 0422-56-3210
 It is NOT allowed to eat food in the buildings

Check your
 temperature
 before
 visiting!

FRESC Help Desk

Consultation for foreign nationals who have troubles, by advising how they can be supported, and also by providing necessary tips related to residential matters.

MON - FRI 9:00 - 17:00
 18 languages available including
 Vietnamese, Chinese, English

☎0120-76-2029 (Toll-free)
**The Foreign Residents
 Support Center
 (FRESC)**

NHK WORLD-JAPAN

Various news of the world and Japan is provided to a global audience. You can study Japanese with the program, too.

<https://www3.nhk.or.jp/nhkworld/>



MIA Data (as of JUN 1, 2022)
 MIA Supporting Member: 397 people
 MIA Foreign Members: 639 people
 (66 countries/regions)

Beware of Heat Attack !

* "Heat Attack" can cause various health problems by high body temperature.

Go to a cool place

Cool down the body

Drink water or use sports drinks

Ambulance service ☎119