



tel. 0422-36-4511
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https://mia.gr.jp/
SWING 9F, Sakai 2-14-1,
Musashino-shi, Tokyo 180-0022

Open: TUE - SAT
9:00-17:00

(Closed on public holidays,
Year-end & year-beginning)

MIA calendar

2023 April~June

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Free of charge

**Consultation for Foreign Citizens on
Legal & Psychological Matters**
May 27 (Sat) 14:30-16:30
@SWING 10F

Please make a booking by May 20 (Sat) **Zoom OK**

MIA supporting members with expertise in consultations for foreigners will be there with interpretation volunteers. (Lawyers, “*Gyoseishoshi*” administrative scriveners, certified social insurance and labor consultants, labor consultants, psychologists)

- Interpreters** (tentative): Indonesian, English, Korean, Spanish, Thai, Tamil, Chinese, German, Nepalese, Hindi, Filipino, French, Vietnamese, Bengali, Russian
 - Consultation Topics:** Residential Status, Visa, Naturalization, Non-payment of Wages, Labor Conditions, Workers’ Compensation, Traffic Accident, Inheritance, Divorce, Parent-Child Relations, Bullying etc.
- *If there are booking cancellations, drop-in consultation may be possible.

Free of charge

**For Students & Guardians of
Non-Japanese Speakers**
Guidance on High School Entrance
JULY 9 (Sun)

Please make a booking by JUL 1 (Sat)

“General Guidance” & “Individual Consultation”

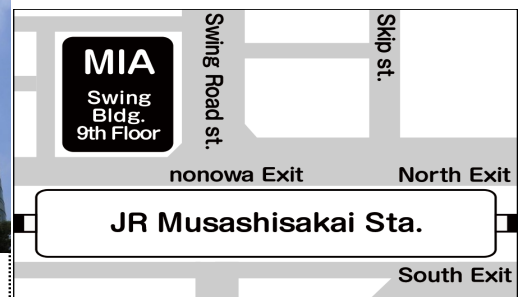
- Timetable:**
Session 1 12:30 - 14:00 (Consultations 13:00 ~)
Session 2 14:00 - 15:30 (Consultations 14:30 ~)
Session 3 15:30 - 17:00 (Consultations 16:00 ~)
* You can attend one of the sessions.
- Capacity:** 15 families for each session
(First come, first served)
- Place:** Chinese 10F/ Other languages 11F
- Interpreters** (tentative):
English, Korean, Spanish, Thai, Chinese, Nepalese, Filipino
- Sign up** via phone or MIA website.
* Please inquire for other languages.

☎0422-36-4511 E-mail:mia@coral.ocn.ne.jp URL:https://mia.gr.jp/

Inquiries & booking: Musashino International Association (MIA)

ACCESS

- JR Chuo Line or Seibu Tamagawa Line “Musashi-Sakai Station.” JR “*Tokubetsu-Kaisoku (Tokkai: Special Rapid)*” trains do not stop there.
- After using the **North exit**, head left for 1 min.; or if you use the **nonowa exit**, it's just across the street on your right!



⚠ You can only use “Suica” or “PASMO” at “Nonowa” exit.

<https://mia.gr.jp/>



Inquiries/Application ☎ 0422-36-4511

APR 15 (Sat)
10:00-12:00/13:00-15:00
Parent/child participation!
Kids play club for international understanding:
Let's make Helva with Enes-san!
@Civic Center, Cooking Room



Instructor: Duzdag Enes kagan san (Foreign student, from Turkey)
 Contents: Making traditional Turkish sweets using semolina, cultural introduction etc
 Eligibility: A child from 5 years old to elementary school 6th grade and a parent. (10-year olds or up can attend by themselves.)
 Fee: ¥1,000 (MIA member ¥500)
 Additional child fee ¥250 per person.
 Capacity: 6 pairs per class. *Drawing will be held if applicants exceed capacity.
 Sign up by APR 4 (Tue) 17:00 via phone or MIA website.
 Please bring aprons, kid's room shoes and a food container.

For Foreign Students registered or interested in
MIA "Ryugakusei" Musashino Family Program
APR 22 (Sat)14:30-17:00 @SWING 11F

Introductory Meeting

Families for *Ryugakusei* will be introduced, for contacting with each other for a year. If you are a foreign student interested in the program, please sign up by **APR 11 (Tue)**.

Ryugakusei and the families meet each other for the first time!

For students attending **Asia University, Seikei University, Tokyo University of Agriculture and Technology, Tokyo University of Foreign Studies, or Tokyo Women's Christian University**, please apply via MIA website.

Cultural Exchange
JUL 1 (Sat)
15:00-17:00 SWING 11F

For other university students, please visit MIA Office in person, phone **(0422-36-4511)** or send emails to MIA.
mia@coral.ocn.ne.jp

Families and *Ryugakusei* will have time together to know each other. If you have something to present in front of everyone, please contact MIA in advance.

MAY 30 (Tue)~JUL 18 (Tue) Spanish language exchange class - First step - @MIA Conference Room

Instructor: Hoshina Maria Josefa san (MIA foreign member, from Guatemala)
 Contents: Introduction of basic Spanish conversation and culture (8 times total)
 Schedule: Every Saturday 10:00-12:00 during MAY 21 - JUL 9 (8 times total)
 Aimed at: 18 years old or up, who learns Spanish for the first time
 Fee: ¥6,000 (MIA member: ¥4,000)
 Capacity: 20 people (The class will be started if 10 or more people sign up.)
 Sign up by MAY 13 (Sat) 17:00 via phone, MIA Website or a return postcard to MIA "Spanish language exchange class"
 * Drawing will be held if applicants exceed capacity, with priority on Musashino citizens/MIA members.



MAY 13 (Sat)
14:00-15:30
"Know the world! "
Let's communicate
With people worldwide!
USA
@SWING 10F



Speaker: Kojima Mia san (Foreign student, from USA)
 Contents: Life and culture of US Tennessee & Vermont, living in Japan etc.
 Fee: Free
 Capacity: 20 people (First come, first served)
 Sign up by MAY 11 (Thu) 17:00 via phone or MIA website

JUN 3 (Sat)
13:45-16:45
World's home cooking class: Pakistan
@Civic Center Cooking Room



Instructor: Shamail Naseer san (Foreign member, from USA)
 Menu: Chiken curry, Smore (Chocolate sand cracker)
 Aimed at: 18 years old or up
 Fee: ¥2,000 (MIA member ¥1,000)
 Capacity: 18 people
 *Drawing will be held if applicants exceed capacity, with priority on Musashino citizens/MIA members.
 Sign up by MAY 13 (Sat) 17:00 via phone or MIA website.
 Please bring your apron and a food container.

JUN 10 (Sat)
10:00-12:00/13:00-15:00
Parent/child participation!
Kids play club for international understanding:
Let's make Sosis gulung mie with Amanda-san!
@Civic Center, Cooking Room



Instructor: Salsabila Amanda Dewi san (Foreign student, from Indonesia)
 Details: Cooking Indonesian street foods using sausages and noodles, introduction of culture etc.
 Eligibility: A child from 5 years old to elementary school 6th grade and a parent. (10-year olds or up can attend by themselves.)
 Fee: ¥1,000 (MIA member ¥500) (Additional child fee ¥250 per person.)
 Capacity: 18 people per class
 *Drawing will be held if applicants exceed capacity.
 Sign up by MAY 25 (Thu) 17:00 via phone or MIA website.
 Please bring aprons, kid's room shoes and a food container.

※ Please note events may be cancelled or contents be changed, to be posted on website.

«Limited Use & Security of Privacy Information» Private information acquired from your application to MIA programs will only be used for the purposes of registration in the events, correspondence of specific program activities and basic information supplied to the instructors for necessary preparation. MIA will not use such private information for the purposes other than the above nor supply such information to any third party.

MIA Japanese Courses

- Thursday 5/11-7/13
- Friday 5/12-7/14
- Saturday 5/13-7/15

- Capacity: 16 people
- Time schedule 10:30 - 12:00
- Fee: ¥6,000 for 10 times total
- ☆ Childcare service is available on THU & FRI for ¥600 per child.

Course attendants can take one-on-one lessons. (Free of charge)

Let's chat together !

4/8 (Sat), 4/14 (Fri), 4/22 (Sat), 4/28 (Fri) ¥1000 for 4 times total
You may want to attend only on Fri or Sat.

Japanese Language Salon

Study course for elementary/junior high pupils (Study Support Course)

☎ 0422-36-4511

Study course for elementary/junior high pupils (Study Support Course) Free of charge	Schedule	
	APR 12 ~ JUL 19	<ul style="list-style-type: none"> ■ Capacity: 15 people ■ Place: MIA Conference Room ■ Aimed at: Students attending public elementary/junior high schools
	Every WED 15:00-17:00	* Please ask MIA if you want to join after the start of the Study course.
	No class on MAY 3	

At MIA Study Course, volunteers assist pupils individually, by explaining questions from classrooms or supporting homework. Priority is placed on Musesashino city residents.



MIA Consultation ☎0422-56-2922

(For Foreign Nationals)

<https://mia.gr.jp/foreigner/consultation>

APR 22 (Sat) / JUN 24 (Sat)

@SWING 9F 13:00 - 16:00

- Please make a booking
- Free of charge
- Zoom OK
- Please contact MIA in advance if you live far away

You can consult with lawyers, psychiatrists and other experts. Interpreter service available. Privacy ensured.

Foreign Language Information @MIA: 10 Languages

Free of charge. Phone or visit MIA in person.

♥ Interpretation/translation assistance also available.

Japanese-English	Tue · Wed · Thu · Fri · Sat 9:00 - 17:00	Spanish	Second Tue 15:00 -17:00 (4/11, 5/9, 6/13)
Chinese	Tue · Wed · Thu · Fri · Sat 9:00 - 17:00	Russian	Second Fri 10:00 -12:00 (4/14,5/12,6/9)
Norwegian	Second Wed 14:00 -16:00 (4/12,5/10,6/14)	Tamil-Hindi	Fourth Fri 15:00 -17:00 (4/28,5/26,6/23)
German	Third Tue 14:00 -16:00 (4/18,5/16,6/20)	Thai	Third Thu 10:00 -12:00 (4/20,5/18,6/15)

Consultation Service by Other Organizations: Free of charge

JUN 11 (Sun) 13:30-16:30 * Please make an appointment by May 25.
Zoom is also available.

☎03-3579-2015 Itabashi Culture and International Exchange Foundation

For Musashino citizens living a tough life

You can consult with
Musashino City Office
 at
**Living Support Sub-section,
 Social Welfare Section,
 Health and Social Welfare Dept.**
 むさしのし けんこうふくしぶ
 せいかつふくしか せいかつそだんがかり

Consultations
 free of charge

Pay cut...
 Loss of jobs...
 Difficulty finding jobs...
 Electricity bills...
 Water bills... Rent...
 What to do...?



☎ 0422-60-1254
 Monday - Friday
8:30 - 17:00

0123 Kichijoji • 0123 Harappa

Facilities for 0-3 year old kids and their families to
 freely visit and play.

Open Days:

0123 Kichijoji: TUE-SAT

(Closed on SUN, MON, Public Holidays, Year-end &
 Year-beginning)

0123 Harappa: SUN-THU

(Closed on FRI, SAT, Public Holidays, Year-end & Year-
 beginning)

Open Hours: 9:00-16:00

Who can use the facilities?

Families living in Musashino-shi with children aged 0-3
 years old.

Who cannot use the facilities? :

People who are bad-conditioned (people who have a cold).

☎ 0123 Kichijoji **0422-20-3210**
 0123 Harappa **0422-56-3210**

<http://mu-kodomo.kids.coocan.jp/0123/kichijyoji/>

<http://mu-kodomo.kids.coocan.jp/0123/harappa/>

* In May 「5月まるごと0123はらっぱまつり～あそび
 のla carte～ (Whole May 0123 Harappa Matsuri~Play a
 la carte~)」 is planned. For details, see HP.

MIA Volunteer Activity Orientation @SWING 10F

*Explanations are in Japanese

Date : APR 15 (Sat) , APR 22 (Sat) 10:00-12:00

Contents : Explanations of MIA volunteer activities

Aimed at : 18 years old or up, who are interested in volunteer activities

Capacity : 30 people

Sign up : By APR 11 (Tue) via HP or phone



Cooking events

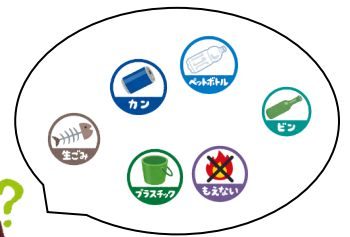


Various event support
 available for activities like
 cooking, making crafts,
 cultural introduction etc!



How to dispose Household Garbage

Rules are different depending on
 apartments or where you live.
 Please ask the city office etc if you
 don't have enough information.



2 radio programs are provided by MIA.

NEWS from MIA

Musashino FM (78.2MHz)

Why not listen to MIA
 radio programs?

<http://www.musashino-fm.co.jp/>

Available
 also on PC
 &
 smartphone



MIA Data

As of March 1, 2023

MIA Supporting Members: 375 people

MIA Foreign Members: 658 people

(65 countries/regions)