MIA main activities

[Looking For Support] To Have a Comfortable Daily life in the Community

Japanese Language Courses

We offer three different weekly group lessons.

Practical Information for Daily Life

1. The Multiple Language Window for Questions

2. The newsletter "MIA Calendar"

Consultation



At MIA, lawyers, psychiatrists, and other specialists are available to consult with foreign residents who might have legal problems concerning marriage/divorce, visa status, and jobs and who might experience mental health issues such as stress and insomnia. Volunteer interpreters may help you. Interpretation/ Translation Support

MIA sends volunteer members to help your language difficulties in medical, educational, administrative, and legal scenes. There is a charge for this service.

[Taking Part in MIA] **To Enjoy Yourself in the Community** Musashino International Exchange Festival

Musashino Internaional Exchange festival will be held on one

Sunday in November annualy. We welcome you!

Volunteering

Let's get involved with the neighbors through volunteer activities at local schools. shopping streets and/or MIA. You can take part in a variety of activities. If you are interested in, please register as a volunteer.



Introducing your hometown

What is MIA?

Musashino International Association (MIA) aims to make our town more open-minded, where people with different cultural backgrounds live together, where international

residents and local Japanese work together under the ideal of World Peace.

MIA implements a variety of activities concerning international exchange, international cooperation, and foreign residents support services.



☆益財団法人武蔵野市国際交流協会(MIA) Musashino International Association

9th Floor Swing Bldg., 2-14-1 Sakai, Musashino-Shi 180-0022 Tel: 0422-36-4511 Fax: 0422-36-4513 URL: http://www.mia.gr.jp/ Open: Tuesday ~ Saturday 9:00~17:00 Closed: On Sunday, Monday, national holidays and year-end and New Year holidays



Join our home visit program & interact with the local people!

"Ryugakusei" **Musashino Family** Program



What is the "Ryugakusei" Musashino Family Program?

This program was started in response to the requests of foreign students who hoped to have the opportunity to communicate with local people and who in return wanted local people to know about their own countries as well. The main activity is home visits (day-trips to a local family) and also you can enjoy communicating with your designated family in your own way or style. This program also includes events such as cultural exchange parties which will give you the opportunity to meet new friends, and lectures about communication between different cultures which will help you understand people in a different culture. All activities are conducted mainly in Japanese.

Program

Content of activities

Principally this is a home visit program. If you are busy, you can communicate via e-mail and telephone.

Participating Japanese families

All of them are members of MIA. There are various families, such as large families, families with small children and families consisting of two people or even one person.

Duration of the program

In principle it is from April to March of the next year. For those who come to Japan in autumn, it is from October to September of the next year. Application is accepted till the end of October.

Activity including expenses

In principle you have to pay for your own expenses in such cases as excursions and trips with the family. We advice that you consult with your family about the expenses expected in activities.

Events

*Lectures

Lectures as well as workshops are implemented for your benefit.

*Exchange parties

A cultural exchange party is held in early summer for you and your family to introduce each other's culture. In autumn, another exchange party for all members of this program is held. It is a wonderful occasion which gives you the opportunity to meet new friends and to experience different cultures. Procedure of the program

To enroll

Students of Asia University, Seikei University, Tokyo University of Foreign Studies, Tokyo University of Agriculture and Engineering and Tokyo Woman's Christian University can submit an application form to the international exchange section or the foreign student center on campus. Students of other universities can submit it to MIA.

Introduction

When your family is designated, we will notify you by e-mail or telephone of the date when you and your family will be introduced to each other. You can exchange information with the family then.

Free Interaction

You can contact your family freely to get together, meet or for anything else you may have planned. MIA will hold exchange parties and lectures to promote mutual understanding. These events are free of charge. Please take part in them actively.

In this program, these activities written below are *prohibited.*

- 1. Borrowing/lending money and selling/buying items.
- 2. Becoming your guarantor.
- 3. Offering/introducing a job.
- 4. Persuasion regarding politics, religion and business.

You must

- 1. notify MIA and your host family, if your contact address has changed.
- notify your host family beforehand, if you are out of contact for a long time such as you return to your home country for a certain period of time.

Q&A

Q1. What activities am I supposed to do?

A1. It is important that both you and your family enjoy the time spent together and that neither of you feel stressed due to the activities. You may enjoy any of the activities at the rate of once a month if you keep in mind the rules written in the squares on this page. You can talk with your family over tea, or go out with them. When you are busy and unable to meet, you can communicate through e-mail or telephone. MIA holds such events as exchange parties and lectures so that you can have opportunities to start new friendships. Please take part in these events actively to enhance the experience with your family.

Q2. What kind of family am I going to meet?

- **A2.** MIA will introduce you to one of our member families living in the Musashino area. There are various families, such as families with small children, married couples and even people living alone. All of them are looking forward to becoming your family in Japan.
- **Q3.** I do not like children/pet animals. I cannot eat some foods.
- **A3.** We will be careful when placing you with a family. Please make sure that you write things you want your Japanese family to know on your application form.
- **Q4.** Who should I contact, if I am in trouble?
- **A4.** Please contact the MIA office. Professional consultation for foreigners is also available.

