How to be Safe

When a major

earthquake strikes !!

Revised in June. 2015 by: Disaster Prevention Volunteer Group for Foreign Residents MIA (Musashino International Association)

Tel: 0422-56-2922 Fax: 0422-36-4513 Swing 9th Fl., 2-14-1 Sakai, Musashino-shi, Tokyo The nearby elementary or junior high schools in your neighborhood serve as your emergency shelters.



When you feel a big tremor Get yourself under a



Before evacuating your house, turn off all gas stoves, oil heaters, etc.



When you evacuate REMEMBER to bring

- ▼Residence Card (Zairyu Card)
- ▼Passport
- Contact address of your Embassy, relatives, friends or any other emergency contacts
- ▼Some cash, bank passbook and driver's license may also come in handy

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