



tel. 0422-36-4511
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Open: TUE - SAT
9:00-17:00
<https://mia.gr.jp/>
SWING 9F, Sakai 2-14-1,
Musashino-shi, Tokyo 180-0022

(Closed on Sundays, public holidays,
year-end & new-year holidays)

MIA Calendar

2022 January ~ March

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Interpretation Volunteer Orientation

Application & Registration
Only once a Year

FEB 19 (Sat)
15:00-17:00
@MIA Conference Room

Volunteers for Nepalese and Filipino are especially wanted.

Orientation for people who want to be MIA "Interpretation Volunteers"

- Program: Re-play of consultation settings, introduction of activities/episodes, Q&A corner
- Lecturer: Mr. Akira Miyamoto (Lawyer) and others
- Aimed at those who are interested to interpret for foreigners in legal/psychological consultations. 18 years old or up. (High school students cannot be registered.)
- Fee: Free. If you decide to register as "Interpretation Volunteers" after the orientation, MIA Membership Fee ¥2500 is required (for 1year).
- Capacity: 15 people (5 people per language)
- Please sign up by FEB 12 (Sat)

May 28 (Sat)

"Consultation on Legal/ Psychological Matters for Foreigners" Interpretation @SWING 10F

↓Training sessions after registration (free of charge, tentative)

【1st session】 MAR 12 (Sat) 9:45-12:00 @SWING 10F

①Legal consultations for foreigners
Lecturer: Mr. Akira Miyamoto (Lawyer)

【2nd session】 MAR 26 (Sat) 9:45-12:00 @SWING 10F

②Legal consultations for foreigners
Lecturer: Ms. Noriko Watanabe (Lawyer)

【3rd session】 MAY 14 (Sat) 14:00-16:00 @SWING 10F

Preparation for professional consultations for foreign citizens
"Manners of interpretation" "Hearing simulation"

Japanese Speech Showcase by Foreign Natives

The 28th

March 12 (Sat)
14:00-15:30
@SWING 2F Hall

※Rehearsal
FEB 26 (Sat)
@SWING 10F

Visit the website for details-viewing and appearing on stage



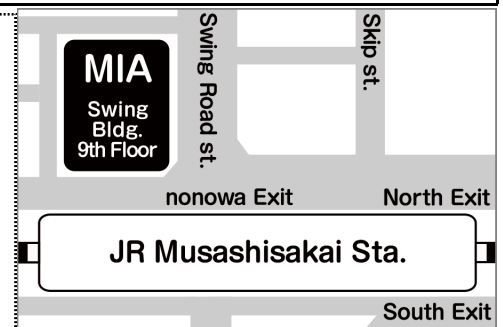
March 26 (Sat)
14:00-15:30
Available on ZOOM

Foreign nationals make speeches from their own viewpoint on Japanese people & culture, and charm of home countries etc!

ACCESS

- JR Chuo Line or Seibu Tamagawa Line "Musashi-Sakai Station." JR "Tokubetsu-Kaisoku (Tokkai: Special Rapid)" trains do not stop there.
- After using the **North exit**, head left for 1 min.; or if you use the **Nonowa exit**, it's just across the street on your right!

⚠ You can only use "Suica" or "PASMO" at **nonowa exit**.



**JAN 15 (Sat) 13:45-17:00**
World's home cooking class
China:

@Civic Center Cooking Room



- Instructor: Ms. Zhang Weina (MIA member, from China)
 - Menu: Herbal rice soup etc
 - Aimed at: 18 years old or up
 - Capacity: 9 people (The class will be started if 6 or more people sign up.)
 - Fee: ¥2,000 (MIA member ¥1,000)
 - Sign up by JAN 8 (Sat) 17:00 via phone or MIA website.
- *The fee shall be fully collected in case of cancellation on the day or the day before.
*A drawing will be held if applicants exceed capacity.

FEB 5 (Sat) 13:45-15:30
Oscar-san's
soap carving class

@SWING10F Skyroom



- Instructor: Mr. Oscar Garcia (MIA foreign member, from Peru)
- Contents: Carving of soap
- Eligibility: 6 years old or up. 6-9 year-olds must be attended by parents.
- Capacity: 20 people (The class will be started if 8 or more people sign up.)
- Fee: ¥500 (MIA member ¥250, Junior high school students or younger ¥250)
- Sign up by JAN 29 (Sat) 17:00 via phone or MIA website. *The fee shall be fully collected in case of cancellation on the day or the day before. *A drawing will be held if applicants exceed capacity.

MAR 19 (Sat)
10:00-12:00/13:00-15:00
Parent/Child participation!Kids play club for international understanding:
Let's make rice Krispie cake with Jasmine-san!

@Civic Center Cooking Room



- Instructor: Ms. Jasmine Spencer (MIA foreign member, from USA)
- Details: Making rice Krispie cake and crafts.
- Fee: ¥1,000 (MIA member ¥500) (Additional child fee ¥250 per person.)
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent. (10-year olds or up can attend by themselves.)
- Capacity: 4 pairs per class *A drawing will be held if applicants exceed capacity.
- Sign up by MAR 10 (Thu) via phone or MIA website. *The fee shall be fully collected in case of cancellation on the day or the day before.

JAN 15 (Sat) 10:00-12:00
Vietnamese language
exchange class -
The first step

@MIA Conference Room



- Instructor: Ms. Dao Thi Tuoi (MIA member, from Vietnam)
 - Contents: Introduction of Vietnamese language and culture
 - Schedule: Every Saturday during JAN 15 - MAR 5 (8 times total)
 - Aimed at: 18 years old or up
 - Fee: ¥6,000 (MIA member: ¥4,000)
 - Capacity: 10 people (The class will be started if 5 or more people sign up.)
 - Sign up by Jan 5 (Wed) via phone, MIA website or return postcard addressed to "MIA Vietnamese language exchange class." (Postcard must be received at MIA Office by this date.)
- *A drawing will be held if applicants exceed capacity, with priority on Musashino citizens/MIA members.

FEB 26 (Sat) 14:00-15:20
"Know the World!"

Let's Communicate with People Worldwide!: Ukraine



Zoom

- Speaker: Ms. Anastasiya Polishchuk (Foreign student, from Ukraine)
- Topics: Towns, life and culture of Ukraine, living in Japan etc.
- Capacity: 15 people
- Fee: Free
- Sign up by FEB 24 (Thu) via MIA website.

* Please get ready in advance for Zoom session so that you are connected on time. Necessary information for participation shall be notified by the day before.

①JAN 29 (Sat) 9:45-11:45

@SWING 10F Skyroom

②FEB 19 (Sat) 13:45-15:45

@SWING 11F Rainbow Salon

Chandrima-san's Yoga Class

- Instructor: Ms. Mukhegee Chandrima (MIA foreign member, from India)
 - Contents: Introduction of Yoga for beginners
 - Aimed at: 18 years old or up, who practice Yoga for the first time
 - Fee: ¥1,000 (MIA member ¥500)
 - Capacity: 15 people per day *The class will be started if 8 or more people sign up.)
 - Choose ① or ②, and sign up via phone or MIA website by ①JAN 22 (Sat) 17:00 or ②FEB 12 (Sat) 17:00.
 - Please bring: Yoga mat or a large bath towel, and something to drink
- * The fee shall be fully collected in case of cancellation on the day or the day before.
* A drawing will be held if applicants exceed capacity.

MAR 5 (Sat)**10:00-12:00/13:00-15:00**
Parent/child participation!Kids play club for International Understanding:
"Let's make ANZAC biscuits with Michael-san!"

@Civic Center Cooking Room



- Instructor: Mr. Michael Hammond (MIA foreign member, from Australia)
- Details: Making ANZAC biscuits (oatmeal biscuits) and crafts.
- Fee: ¥1,000 (MIA member ¥500) (Additional child fee ¥250 per person.)
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent. (10-year olds or up can attend by themselves.)
- Capacity: 4 pairs per class. *A drawing will be held if applicants exceed capacity.
- Sign up by FEB 24 (Thu) via phone or MIA website. *The fee shall be fully collected in case of cancellation on the day or the day before.

☆ MIA "Ryugakusei" Musashino Family Program
Interactive Family Event**JAN 29 (Sat) 14:00-16:00**

@SWING 11F

- Aimed at: Musashino families and foreign students in the Program
- Details: Introducing culture like wrapping things in *furoshiki* etc. and interact with each other
- Capacity: 20 people
- Sign up via phone or MIA website by JAN 22 (Sat).

MAR 5 (Sat) 14:00-16:00

@SWING 10F

- Aimed at: Musashino families and foreign students in the Program
- Details: Introduction of cultures by foreign students
- Capacity: 30 people
- Sign up via phone or MIA website by FEB 26 (Sat).

When you visit event venues or MIA Office, please be sure to wear a mask, check your temperature and antisepticise hands at the entrance.

※ Please note events may be cancelled or contents be changed, to be posted on website.

«Limited Use & Security of Privacy Information» Private information acquired from your application to MIA programs will only be used for the purposes of registration in the events, correspondence of specific program activities and basic information supplied to the instructors for necessary preparation. MIA will not use such private information for the purposes other than the above nor supply such information to any third party.

MIA Japanese Course • Study Support Course for elementary/junior high pupils

☎ 0422-36-4511

<https://mia.gr.jp/foreigner/japanese>

Japanese Course

- Thursday JAN 6 - MAR 10
- Friday JAN 7 - MAR 18
*No class on FEB 11.
- Saturday JAN 8 - MAR 12

- Schedule 10:30 - 12:00
- Fee ¥6,000 for 10 times total

One-on-one lessons are also available for participants attending these courses, free of charge.

☆ Childcare service is available on THU & FRI for ¥600 per child.

Free of charge

Study Course for elementary/junior high pupils (Study Support)

Schedule
JAN 12 - MAR 23
15:00 - 17:00
No class on FEB 23

Time/Capacity/Fee etc
 ■ Capacity: 10 people
 ■ Place: MIA Conference Room
 * Please ask MIA if you want to join after the course is started.

At MIA Study Course, volunteers assist pupils individually, by explaining questions from classrooms or support homework. Priority is placed on students attending Musashino city public elementary/junior high schools.



MIA Consultation ☎0422-56-2922

(For Foreign Nationals)

<https://mia.gr.jp/foreigner/consultation>

JAN 22 (Sat) / FEB 26 (Sat) / MAR 26 (Sat)

@SWING 9F 13:00 - 16:00

- Zoom OK
- Please make a booking • Free of charge
- Contact MIA in advance if you live a distance away.

You can consult with lawyers, psychiatrists and other experts. Interpreter service available. Privacy ensured.

Foreign Language Information @MIA: 10 Languages

Free of charge. Phone or visit MIA in person.

♡ Interpretation/translation assistance also available.

Japanese·English	Tue · Wed · Thu · Fri · Sat 9:00 - 17:00	Spanish	Third Wed 15:00 -17:00 (1/19, 2/16, 3/16)
Chinese	Tue · Wed · Thu · Fri · Sat 10:00 - 17:00	Russian	Second Fri 10:00 -12:00 (1/14, 2/18, 3/11)
Norwegian	Second Wed 14:00 -16:00 (1/12, 2/9, 3/9)	Tamil·Hindi	Fourth Fri 15:00 -17:00 (1/28, 2/25, 3/25)
German	Third Tue 14:00 -16:00 (1/18, 2/15, 3/15)	Thai	First Thu 10:00 -12:00 (1/6, 2/3, 3/3)

Consultation Service by Other Organizations: Free of charge

When	Where	Point of Contact
FEB 5 (Sat) 14:00-17:00 * Sign up by JAN 31	Meeting Rooms 1201 · 1202 · 203, Chofu City Culture Hall Tazukuri 12F, 2-33-1 Kojima-cho Chofu-shi	Chofu International Friendship Association 042-441-6195
FEB 19 (Sat) 13:00-16:00 * Please sign up	Suginami City Office Asagaya-minami 1-15-1, Suginami-ku	Suginami Association for Cultural Exchange 03-5378-8833
MAR 6 (Sun) 13:30-15:30 * Sign up by FEB 26	Machida Citizen's Forum 4F Haramachida 4-9-8, Machida-shi	Machida Cultural & International Exchange Foundation Machida International Center 042-722-4260

For Musashino citizens living a tough life due to COVID-19

You can consult with
Musashino City Office
at

**Living Support Sub-section,
Social Welfare Section,
Health and Social Welfare Dept.**

むさしのし けんこうふくしぶ
せいかつふくしか せいかつそうだんがかり

☎ 0422-60-1254
Monday - Friday
8:30 - 17:00

**Consultations
free of charge**

Pay cut...
Loss of jobs...
Difficulty finding jobs...
Electricity bills...
Water bills... Rent...
What to do...?



**“Dezomeshiki” Ceremony
Musashino City
Volunteer Fire Company**

- Traditional New Year Event -

Date: JAN 9 (Sun)
Time: 11:00 - 12:00
Venue: Musashino Track & Field Stadium
Details: Only the ceremony will be held this year (due to COVID-19 situations)

* Admission free
* Booking is not needed, just turn up.
* In case of bad weather, the event will be held in Musashino Sports Complex.

Tel: Disaster Prevention Section
0422-60-1820

0123 Kichijoji • 0123 Harappa

Please note adjusted rules due to COVID-19

Open Days:

0123 Kichijoji: TUE-SAT
(Closed on SUN, MON, Public Holidays, 2021/12/29 - 2022/1/3)

0123 Harappa: SUN-THU
(Closed on FRI, SAT, Public Holidays, and 2021/12/29 - 2022/1/3)

Open Hours: 9:00-16:00

Who can use the facilities?

Families living in Musashino-shi with children aged 0-3 years old.



Don't forget to wear a mask and check your temperature!

It is NOT allowed to eat food in the buildings. Water and milk are acceptable!

Who cannot use the facilities? :

Please contact 0123 Kichijoji/0123 Harappa in advance to confirm, if you are bad-conditioned (like having a cold etc), or if you went to COVID-19 epidemic areas or returned to Japan from overseas in 2 weeks.

<http://mu-kodomo.kids.coocan.jp/0123/kichijyoji/>
<http://mu-kodomo.kids.coocan.jp/0123/harappa/>

Inquiries:

0123 Kichijoji **0422-20-3210**
0123 Harappa **0422-56-3210**

~If you are not sure about vaccine reservation ~

Don't hesitate to ask MIA.

0422-36-4511

Open TUE ~ SAT
(Closed on holidays)
9:00 am ~ 17:00 pm

~Vaccination: Third Dose~

If you have already received two doses of COVID-19 vaccine (Pfizer, Moderna, AstraZeneca) overseas and want to get vaccinated for the third dose in Japan, please ask the local city/ward offices you currently live for details.

**If you live in Musashino-shi, please phone:
0570-666-852**

Monday to Friday, 8:30 - 17:15
Closed on Saturdays, Sundays and public holidays

Coronavirus Call Center

Phone: 0570-550-571
Hours: Daily, 9:00 am - 10:00 pm

*Call the center for inquiries related to COVID-19 prevention measures etc., when your conditions are all right.

Tokyo Fever Consultation Center

Phone: 03-5320-4592
Hours: Daily, 24 hours a day
(open every day around the clock)

*Call the center when you have developed a fever and do not have a regular doctor to consult with.

Language: Japanese, English, Chinese, Korean, Vietnamese, Tagalog, Nepalese, Myanmar, Thai, French, Portuguese, Spanish

Musashino FM (78.2MHz)

Why not listen to MIA radio programs?

<http://www.musashino-fm.co.jp/>



Available also on PC & smartphone!

MIA Data
As of December 1, 2021
MIA Supporting Members: 441 people
MIA Foreign Members: 630 people
(67 countries/regions)

*MIA Calendar is partly written in “Plain Japanese.”