



tel. 0422-36-4511
fax. 0422-36-4513



https://mia.gr.jp/
SWING 9F, Sakai 2-14-1,
Musashino-shi, Tokyo 180-0022

Open: TUE - SAT
9:00-17:00

(Closed on public holidays,
year-end & new-year holidays)

MIA calendar

2025 January ~ March

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Interpretation Volunteer Orientation

Application & Registration
Only once a Year

FEB 15 (Sat)
14:30-16:30
@SWING 10F

Volunteers for Nepalese and Filipino are especially wanted.

Orientation for people who want to be MIA "Interpretation Volunteers"

- Program: Re-play of consultation settings, introduction of activities, episodes, Q&A corner
- Lecturer: Miyamoto Masaru san (Lawyer) and others
- Aimed at those who are interested to interpret for foreigners in legal/psychological consultations. 18 years old or up. (High school students cannot be registered.)
- Fee: Free. If you decide to register as "Interpretation Volunteer" after the orientation, MIA Membership Fee ¥2500 is required (for 1year).
- Capacity: 20 people (8 people per language)
- Please sign up by FEB 8 (Sat)

The 31st

Japanese Speech Showcase by Foreign Natives



March 8 (Sat)
14:00-15:30
@SWING 2F Hall



※Rehearsal
MAR 1 (Sat)
@SWING 10F

Foreign nationals will make speeches on Japanese people & culture from their own viewpoint, as well as on charm of home countries etc!

Please come and listen!



May 24 (Sat)
"Consultation for Foreigners on Legal/ Psychological Matters"
Interpretation @SWING 10F

Training sessions after registration - free of charge (tentative) ↓

[1st session] MAR 8 (Sat) 9:45-12:00 @SWING 10F

What is 在留資格 (status of residence)?

Lecturer: Nagasawa Yujiro san (*Gyosei-shoshi*)

[2nd session] MAR 22 (Sat) 9:45-12:00 @SWING 10F

Legal consultations for foreigners

Lecturer: Watanabe Noriko san (Lawyer)

[3rd session] APR 26 (Sat) 9:45-12:00 @SWING 11F

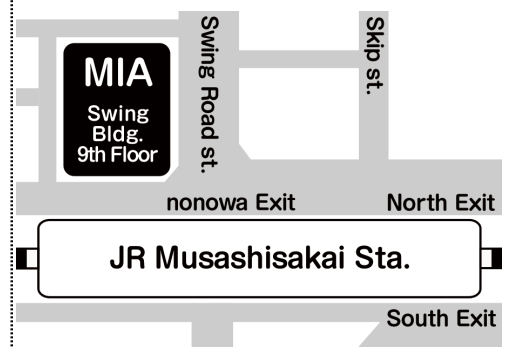
Interpretation rules/manners in consultations for foreigners

[4th session] MAY 17 (Sat) 14:00-15:30 @SWING 10F

Preparation for professional consultations for foreign nationals

ACCESS

- JR Chuo Line or Seibu Tamagawa Line "Musashi-Sakai Station."
JR "Tokubetsu-Kaisoku (Tokkai: Special Rapid)" trains do not stop there.
- After using the **North exit**, head left for 1 min.
If you use the **nonowa exit**, it's just across the street on your right!



<https://mia.gr.jp/>



JAN 23 (Thu) - FEB 27 (Thu)
14:00-16:00

Let's communicate in Chinese language

Song Ying san
(MIA member)



①**JAN 25 (Sat)**

②**FEB 8 (Sat)**
13:45-16:45

Jessy-san's yakuzen medical herbal cooking



Jessy Sakamura san
(MIA foreign member)

Let's communicate in Chinese with practice and confidence

- Place: SWING 9F
- Eligibility: Those of you who can answer "YES" for all the questions below
- ①18 years old or up? ②Mother language is not Chinese? ③Can you shop or make travel bookings in Chinese? ④Do you want to speak Chinese to talk about daily life in Japan, not for business proposes?
- Every Thursday, 6 times total, ¥4,500 (MIA member ¥3,000)
- Capacity: 15 people
- Sign up via website, FAX, or visit MIA Office in person by JAN 16.

Making *yakuzen* medical herbal porridge & soup (Sparerib), with some cultural introduction.

- Place: Civic Center Cooking Room
- Instructor: Jessy Sakamura san (MIA foreign member, from Hong Kong)
- Eligibility: 18 years old or up ¥2,000 (MIA member ¥1,000)
- Sign up via MIA website or phone by ① JAN 16 ②JAN 29
- Please bring your apron, notebook & pens etc.

FEB 8 (Sat)
10:00-12:00

Parent/child participation! Kids play club for international understanding: Cultural experience

Luca Jacob san
(Foreign student)



FEB 22 (Sat)
14:00-15:30

"Know the world!" Let's communicate with people worldwide! China

Liu Yang san
(Foreign student)



MAR 1 (Sat)
14:00-16:00

Parent/child participation! Kids play club for international understanding: Cultural experience

Kim Hui Seo san
(Foreign student)



Making potato dumplings & cultural introduction of Germany!

- Place: Civic Center Cooking Room
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent, 9 pairs, ¥1,000 (MIA member ¥500)
- Sign up by JAN 28 17:00 via MIA website.
- Please bring your aprons and food containers.

Life & culture of Shanxi Province in China, living in Japan etc.

- Place: SWING 9F
- Capacity: 20 people
- Sign up by FEB 20 via phone or MIA website

Making bibimbap & cultural introduction of Korea!

- Place: Civic Center Cooking Room
- Eligibility: A child from 5 years old to elementary school 6th grade and a parent, 9 pairs, ¥1,000 (MIA member ¥500)
- Sign up by FEB 18 17:00 via MIA website.
- Please bring your aprons and food containers.

Musashino FM (78.2MHz)

2 radio programs are provided by MIA

NEWS from MIA MON - FRI 10:30-10:35

MIA Plaza 4th SAT every month 18:00-18:30



* For cooking events: The fee shall be fully collected in case of cancellation on the event day or the day before.
* In case applicants exceed capacity, a drawing will be held with priority on people signing up for the first time.

※ Please note events may be cancelled or contents be changed, to be posted on website.

«Privacy Information» Private information acquired from your application to MIA programs will only be used for the purposes of registration in the events, correspondence of specific activities and basic information for the instructors. MIA will not use such private information for the purposes other than the above nor supply such information to any third party.

- Thursday 1/9-3/13
- Friday 1/10-3/14
- Saturday 1/11-3/15

- Capacity 20 people
- Time 10:30-12:00p.m.
- How many times 10 times
- How much ¥6,000

Childcare service is available on THU & FRI for ¥600 per child.

**Study course for elementary/junior high students
(Study Support Course)**

Free

☎ 0422-36-4511

Study support course for elementary/junior high students	Schedule/Capacity	■Place: MIA Conference Room *For students attending public elementary/junior high schools *Please ask MIA if you want to join after the course is started.
	Choose either ① or ② ① JAN 15 - MAR 19 15:00-17:00 ② JAN 17 - MAR 21 15:30-17:00 ①15 people ②10 people	



MIA Consultation ☎0422-56-2922

(For foreign nationals)

<https://mia.gr.jp/foreigner/consultation>

JAN 25 (Sat)/FEB 22 (Sat)/MAR 22 (Sat)

Booking required

Free

- Time: 13:00-16:00
- Place: SWING 9F
- Zoom OK

You can consult with lawyers, psychiatrists and other experts.
Interpreter service available. Privacy ensured.

Foreign Language Information @MIA: 10 Languages

Free of charge. Phone or visit MIA in person.

♥ Interpretation/translation assistance also available.

Japanese·English	Tue · Wed · Thu · Fri · Sat 9:00 - 17:00	Spanish	Second Tue 15:00-17:00 (1/14, 2/4, 3/11) 2/11 national holiday
Chinese	Tue · Wed · Thu · Fri · Sat 9:00 - 17:00	Russian	Second Fri 10:00 -12:00 (1/10, 2/14, 3/14)
Norwegian	Second Wed 14:00 -16:00 (1/8, 2/12, 3/12)	Tamil·Hindi	Fourth Fri 15:00 -17:00 (1/24, 2/28, 3/28)
German	Third Tue 14:00 -16:00 (1/21, 2/18, 3/18)	Thai	Third Thu 10:00 -12:00 (1/16, 2/20, 3/13,) 3/20 national holiday

Consultation Service by Other Organizations

Free of charge

When	Where	Point of Contact
JAN 25 (Sat) 13:30-16:30 * Sign up by 1/17	Minato International Communication Space Toei Kita-Aoyama 1-chome Apartment 3, B1F 1-6-3 Kita-Aoyama, Minato-ku	Minato International Association (MIA) 03-6440-0233
FEB 8 (Sat) 13:00-16:00 * Sign up by 1/24	Suginami City Office 1-15-1 Asagaya-Minami, Suginami-ku	Suginami Association for Cultural Exchange 03-5378-8833
MAR 9 (Sun) 13:30-15:30 * Sign up by 3/2	Machida Citizens' Forum 4F 4-9-8 Haramachida, Machida-shi	Machida International Center Machida Cultural and International Exchange Foundation 042-722-4260

Information from Musashino City • MIA • Other Organizations in the Comm

Free **MIA Notice ①**


☆“*Ryugakusei*” Musashino Family Program Work Shop

Date: FEB 1 (Sat)
 Time: 14:00–16:00
 Place: @SWING 10F
 Eligibility: Musashino families & “*Ryugakusei*”
 Details: Get-together & plain Japanese conversation
 Capacity: 30 people
 Sign up by JAN 25 (Sat) via phone or MIA website

Free **MIA Notice ②**

☆Those of you who become Japanese elementary school 1st graders from APR 2025, why don't you study Japanese at MIA before getting into school?

Date: Every Friday, JAN 24 - MAR 14
 Time: 14:30 - 15:30
 Place: MIA
 Capacity: 5 people
 Sign up by JAN 17 (Fri) via phone



Free

For Musashino citizens living a tough life

You can consult with Musashino City Office

むさしのし けんこうふくしよ せいかつふくしか せいかつそうだんがかり 生活福祉課 生活相談係
 Living Support Sub-section
 Social Welfare Section
 Health and Social Welfare Dept.
 Musashino City Office

Monday - Friday
8:30 - 17:00
0422-60-1254



Loss of jobs...
 Electricity bills...
 Water bills...
 Rent...
 What to do...?

Free

Let's all get together!! Children, mama & papa with foreign backgrounds

**Papa-mama can attend by themselves*

• Date: FEB 4 (Tue) 10:00-11:30
 • Place: SWING 11F
 * 0-year-old to elementary school children and their parents
 * No booking required. Just turn up.

Sakurazutsumi Jidokan 0422-53-2206
 0123 Kichijoji 0422-20-3210
 0123 Harappa 0422-56-3210
 MIA 0422-36-4511



Let's play together!
 Facility staff & volunteers will support you!

Free

The first theater "Where's the fish"

No booking

• Date: MAR 8 (Sat) 10:30-11:10
 • Place: 0123 Kichijoji
 * Babies less than 1-year-old to pre-school children & their families living in Musashino city

0123 Kichijoji
0422-20-3210

Families enjoy Puppet Theater by “PUK”

Free


Concert by PAN NOTE MAGIC ~Tone from Caribbean Sea~

No booking

• Date: JAN 29 (Wed) 14:00-14:45
 • Place: 0123 Harappa
 * Babies less than 1-year-old to pre-school children & their families living in Musashino city

0123 Harappa
0422-56-3210

Families enjoy together steelpan concert



Free

The 12th Mayors for Peace Japanese member cities meeting

No booking

JAN 16 (Thu) 14:30 -
 (Musashino Civic Cultural Hall - Main hall)
 JAN 17 (Fri) 9:30 -
 (Kichijoji EXCEL Hotel Tokyu)

しみんぶ しみんかつどうずいしんか
 市民部市民活動推進課
 Citizens Dept.
0422-60-1829

Presentation of Musashino City's effort for realization of a peaceful world, and a lecture by Oishi Yoshino san (photographer)

Free

Volunteer fire company New year ceremony

No booking

• Date: JAN 12 (Sun) 10:00-12:00
 • Place: Musashino Athletic Stadium
 * Musashino City Disaster Prevention Section

むさしのしやくしよぼうさいか
武蔵野市役所防災課 0422-60-1820

New Year greetings from the volunteer fire company

Free


Kichijoji station area Training for stranded commuters

No booking

• Date: MAR 11 (Tue) 14:00-16:00 (tentative)
 • Place: 13:40 Kichijoji station north exit square Kichijoji station area, temporary shelter facilities etc.
 * Musashino City Disaster Prevention Section

むさしのしやくしよぼうさいか
武蔵野市役所防災課 0422-60-1820

Emergency evacuation training etc in preparation for major earthquakes, to lead people refraining from heading home, and show the way into temporary shelter facilities.



MIA Data
 As of December 1, 2024
 MIA Supporting Members: 385 people
 MIA Foreign Members: 617 people (67 Countries/Regions)

*MIA Calendar (Japanese) is partly written in “Plain Japanese” (Japanese language made easy for foreigners).