

MIA calendar

2026 January ~ March

〒180-0022
SWING 9F, Sakai 2-14-1,
Musashino-shi, Tokyo

tel.0422-36-4511
fax.0422-36-4513
<https://mia.gr.jp/>

Open: TUE - SAT
9:00-17:00

(Closed on public holidays,
year-end & new-year holidays)



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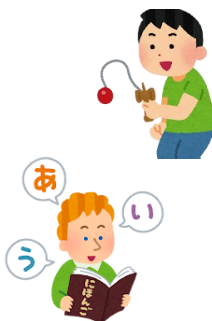
Japanese course

for children entering elementary school in April

Let's learn how to read/write Japanese (あいうえお) and how to greet etc before getting into school.

Children who become Japanese public elementary school 1st graders from APR 2026 are eligible to attend this course.

- When: Every Wednesday, JAN 14 - MAR 11
- Time: 14:00- 15:00 (No class on FEB 11)
- Where: MIA
- Capacity: 5 people
- Sign up by JAN 9 (Fri) by phone



The 32st

Japanese Speech Showcase by Foreign Natives



March 7 (Sat)
14:00-15:30
@SWING 2F Hall

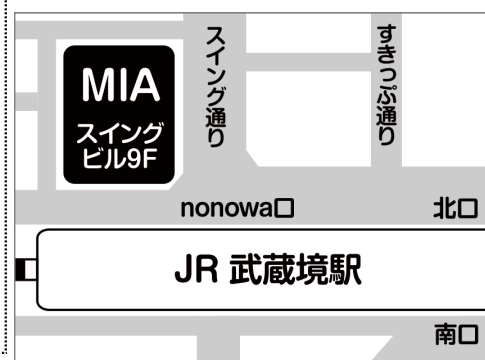
Foreign nationals will make speeches on living in Japan from their own point of view, as well as on charm of their home countries!

- ① People who make presentations
Sign up by JAN 24 (Sat) by phone.
- ② People who come to listen
No need to sign up in advance.

ACCESS

- JR Chuo Line or Seibu Tamagawa Line
”Musashi-Sakai Station.”
JR “*Tokubetsu-Kaisoku (Tokkai)*”
trains do not stop there.

- After using the **North exit**, head left for 1 min.
If you use the **nonowa exit**,
it's just across the street on your right!





JAN 24 - MAR 14 (all Sat)
10:00 - 12:00

Let's communicate in Sinhala
~ Sri Lankan language ~

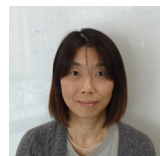


2 foreign students from Sri Lanka are the instructors!

Left: Ms. Pulihingiyalage Tharushi
Right: Ms. Kojika Dewangani

JAN 23 (Fri)
13:45-16:00

Feng-san's bead crafts experience class



Ms. Feng Jie from China

Let's learn about beautiful nature and culture of Sri Lanka, and also enjoy communication by simple "Sinhala" conversation, the language of Sri Lanka.

- Place: SWING 9F MIA
- Eligibility: People who are applicable to all ①②③ conditions
 - ① 18 years old or up
 - ② Learning Sinhala for the first time
 - ③ Capable of understanding explanations in Japanese
- Fee: ¥6000 (MIA member ¥4000)
- Capacity: 20 people
- Sign up by JAN 16 via MIA website.



Making accessories using beads

- Place: SWING 10F
- Eligibility: 18 years old or up
- Capacity: 20 people
- Fee: ¥2,000 (MIA member ¥1,000)
- Please bring your notebook/pens etc.
- Sign up by JAN 10 via MIA website

FEB 28 (Sat)
14:00-15:30

"Know the world!"
Let's communicate with people worldwide!
Laos



Ms. Xaiyashinh seng.athid.
Foreign student from Laos

Free of charge

Talks on life and culture of Laos, living in Japan etc.

- Place: SWING 9F
MIA conference room
- Capacity: 25 people
- Sign up by FEB 26 (Thu) via phone or website

MAR 14 (Sat)
13:00-16:00

World's home cooking class: China



Ms. Teruya Kaori from China

Let's enjoy making steamed meat bun & hot and sour soup together.

- Place: Civic Center Cooking Room
- Eligibility: 18 years old or up
- Capacity: 18 people
- Fee: ¥2,000 (MIA member ¥1,000)
- Please bring your apron, food container
- Sign up by FEB 26 (Thu) 17:00 via website.

For the families and foreign students registered in "Ryugakusei Musashino Family Program"

FEB 7 (Sat)
14:00-16:00



Free of charge

"Ryugakusei" Musashino Family Program: Workshop

- Where: SWING 10F
- Families and *Ryugakusei* will have time together to know each other.
- Capacity: 30 people
- Sign up by FEB 5 (Thu) via phone or website.



Musashino FM (78.2MHz)

NEWS from MIA MON - FRI 10:30 - 10:35

MIA Plaza 4th SAT every month 18:00 - 18:30

2 radio programs are provided by MIA



* For cooking events: The fee shall be fully collected in case of cancellation on the event day or the day before.
* In case applicants exceed capacity, a drawing will be held with priority on people signing up for the first time.

※ Please note events may be cancelled or contents be changed, to be posted on website.

«Privacy Information» Private information acquired from your application to MIA programs will only be used for the purposes of registration in the events, correspondence of specific activities and basic information for the instructors. MIA will not use such private information for the purposes other than the above nor supply such information to any third party.

MIA Japanese Courses

☎ 0422-36-4511

<https://mia.gr.jp/foreigner/japanese>

- Thursday 1/8-3/12
- Friday 1/9-3/13
- Saturday 1/10-3/14

- Capacity 20people
- Time 10:00-12:00p.m.
- How many times 10 times
- How much ¥6,000

☆ Childcare service is available on THU & FRI for ¥600 per child.

Study Course for Elementary/Junior High Students

(Study Support Course)



☎ 0422-36-4511

Free of charge

Study Support Course for elementary/junior High Students	Schedule	■Place: MIA Conference Room * For students attending public elementary/junior high schools * Please ask MIA if you want to join after the course is started.
	① JAN 14 - MAR 18 Every WED ※No class on 2/11 ② JAN 16 - MAR 13 Every FRI ①② 15:30-17:00 Capacity: 12 people each	

**MIA Consultation ☎0422-56-2922**<https://mia.gr.jp/foreigner/consultation>**JAN 24 (Sat)/ FEB 28 (Sat) / MAR 28 (Sat)****Booking required****Free of charge**

- Time: 13:00-16:00
- Place: SWING 9F

You can consult with lawyers, psychiatrists and other experts.
 Interpreter service available. Privacy ensured.

Foreign Language Information @MIA: 9 Languages

Phone or visit MIA in person.

Free of charge

♥ Interpretation/translation assistance also available.

Japanese・English・ Chinese・Nepalese	Tue・Wed・Thu・Fri・Sat 9:00-17:00	Spanish	Second Tue 15:00-17:00 (1/13, 2/10, 3/10)
Norwegian	Second Wed 14:00-16:00 (1/14, 3/11) No service on 2/11	Russian	Second Fri 10:00-12:00 (1/9, 2/13, 3/13)
Thai	Third Thu 10:00-12:00 (1/15, 2/19, 3/19)	German	Third Tue 14:00-16:00 (1/20, 2/17, 3/17)

Consultation Service by Other Organizations**Free of charge**

When	Where	Point of Contact
1/24(Sat) 13:30-16:30 * Sign up by 1/17	Minato International Communication Space Toei Kita-Aoyama 1-chome Apartment 3, B1F 1-6-3 Kita-Aoyama, Minato-ku	Minato International Association (MIA) 03-6440-0233
2/7(Sat) 13:00-16:00 * Sign up by 1/24	Suginami City Office 1-15-1 Asagaya-Minami, Suginami-ku	Suginami Association for Cultural Exchange 03-5378-8833
3/8(Sun) 13:30-15:30 * Sign up by 3/2	Machida Citizens' Forum 4F 4-9-8 Haramachida, Machida-shi	Machida International Center Machida Cultural and International Exchange Foundation 042-722-4260

Information from Musashino City • MIA • Other Organizations in the Community

For Musashino citizens living a tough life

You can consult with Musashino City Office

Living Support Sub-section
Social Welfare Section
Health and Social Welfare Dept.
Musashino City Office

むさしのし けんこうふくしふ
せいかつふくしか せいかつそだんがかり

Monday - Friday

8:30 - 17:00

0422-60-1254

Free of charge



Loss of jobs...
Electricity bills...
Water bills...
Rent...
What to do...?

Free of charge

No booking

- Date: JAN 11 (Sun) 10:00-12:00
- Place: Musashino Athletic Stadium

Musashino City Disaster Prevention Section

むさしのしやくしよぼうさいか

武蔵野市役所防災課 0422-60-1820



New Year greetings from the volunteer fire company

Free of charge

No booking

**Let's all get together!!
Children, mama & papa
with foreign backgrounds!!**

- When: FEB 3 (Tue) 10:00-11:30
- Where: SWING 11F



- * For children from 0 year old ~ elementary school age and their parents
- * Parents can attend by themselves.

Sakurazutsumi Jidokan 0422-53-2206

0123 Kichijoji 0422-20-3210

0123 Harappa 0422-56-3210

MIA 0422-36-4511

Free of charge

No booking

- * For children from 0 year old ~ pre-school age and their parents living in Musashino city



Family concert "FUN ! FUN ! FUN !"

Songs & performances by "Sugar Laboratory"
Fun time with concert for parent/child

- When: MAR 3 (Tue) 10:45-11:30
- Where: 0123 Harappa 0422-56-3210



Mini circus event is coming!

Let's enjoy "Fuwafuwa Circus" shows!

- When: MAR 14 (Sat) 10:30-11:15
- Where: 0123 Kichijoji 0422-20-3210



Free of charge

"Sukusuku" new childcare support information magazine for parenting 0-5 year old children

MIA special edition is now available in English, Chinese, Korean languages



Available on MIA website



◆MIA volunteer for interpretation◆

Language Volunteer Orientation

Application & Registration
Only once a Year

**JAN 31 (Sat)
14:30-16:30
@SWING 10F**

Volunteers for Chinese and Thai are especially wanted.

Orientation for people who want to be MIA "Language Volunteers"

- Program: Re-play of consultation settings, introduction of activities & episodes, Q&A corner
- Lecturer: Miyamoto Masaru san (Lawyer) and others
- Aimed at those who are interested to interpret for foreigners in legal/psychological consultations. 18 years old or up. (High school students cannot be registered.)
- Fee: Free. If you decide to register as "Language Volunteer" after the orientation, MIA Membership Fee ¥2500 is required (for 1year).
- Capacity: 20 people (8 people per language)
- Please sign up by JAN 24 (Sat)

Training sessions after registration - free of charge

May 30 (Sat)
"Consultation for Foreigners on Legal/
Psychological Matters"
Interpretation @SWING 10F

MIA Data

As of December 1, 2025

MIA Supporting Members 392 people

MIA Foreign Members 777 people
(73Countries/Regions)



* MIA Calendar (Japanese) is written in "Plain Japanese" (Japanese language made easy for foreigners).