



MIA calendar

2026 April~June



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First-time Japanese course

Japanese course for people who learn Japanese for the first time.

- Date ①Saturday afternoon course
13:00-15:00
APR 11 - JUL 4
※No class on MAY 2
- ②Thursday night course
18:30-20:30
APR 16 - JUL 9
※No class on APR 30
※You can attend either ① or ②
①② 12 times total.
- Place: MIA (SWING 9F)
- Fees: Participation fee ¥1,200
Textbook ¥1,430
- Sign up by: APR 9 (Thu) 16:00
- ① Please come to MIA first and talk with the staff.
- ② First come, first served.
- * Priority will be given to people living in, commuting to work, or attending schools in Musashino city, 18 years old or up,

Consultation for foreign citizens on Legal & psychological matters

Zoom OK

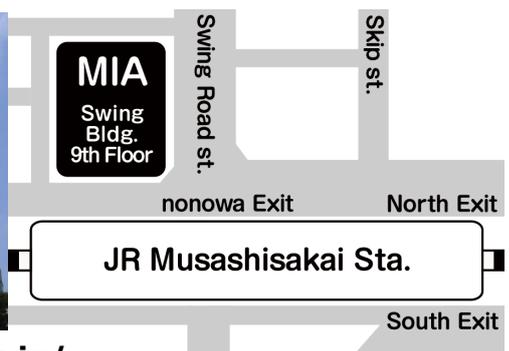
MIA supporting members with expertise in consultations for foreigners (lawyers, “Gyosei-shoshi” administrative scriveners, certified social insurance and labor consultants, psychologists) will be there with interpretation volunteers.

- Date: May 30 (Sat) 14:30-16:30
- Place: SWING 10F
- Fee: Free of charge
- Sign-up: By May 22 (Fri)

- Interpreters** (tentative): Indonesian, English, Korean, Spanish, Thai, Tamil, Chinese, German, Nepalese, Hindi, Filipino, French, Vietnamese, Bengali, Russian
- Consultation**: Residential Status, Visa, Naturalization, Non-payment of Wages, Labor Conditions, Workers’ Compensation, Traffic Accident, Inheritance, Divorce, Marital Relationship, Parent-Child Relations, Bullying etc.
- * Drop-in consultation will be available on the day on a first-come-first-served basis.

ACCESS

- JR Chuo Line or Seibu Tamagawa Line ”Musashi-Sakai Station.” JR “Tokubetsu-Kaisoku (Tokkai: Special Rapid)” trains do not stop there.
- After using the **North exit**, head left for 1 min.; or if you use the **nonowa exit**, it's just across the street



<https://mia.gr.jp/>

MIA **Event Calendar**



Application : All via MIA website <https://mia.gr.jp/>

Inquiries ☎ 0422-36-4511

MAY 9 - JUN 27
(all Sat)
10:00-12:00



Let's communicate in French
Mr. Vazquez Romaines
(from France)

Vazquez-san will teach French for the first time! Let's learn easy French conversation and talk together. Cultural introduction, too.
●Place: SWING 9F MIA conference room
●Eligibility: People who are applicable to all ①②③ conditions
① 18 years old or up
② Learning French for the first time
③ Capable of understanding explanations in Japanese
●Capacity: 18 people
●Fee: ¥6000 (MIA member ¥4000)
●Sign up by APR 22 (lottery system used)

MAY 16 (Sat)
9:45-11:45



Yoga experience class
Ms. Mukeji Chandrima
(from India)

Yoga for beginners.
●Place: SWING 10F
●Eligibility: 18 years old or up
●Capacity: 20 people
First-come-first-served.
●Fee: ¥1,000 (MIA member ¥500)
●Please bring your Yoga mat or a bath towel
●Sign up by MAY 13 (Wed)

MAY 16 (Sat)
12:30-15:30



World's home cooking class: China
Ms. Zhang Hai Yan
(from China)

Let's make Chinese dumpling together.
●Place: Kyonan Community Center 2F Cooking Room
●Eligibility: 18 years old or up
●Capacity: 12 people
●Fee: ¥2,000 (MIA member ¥1,000)
●Please bring your apron, food container
●Sign up by APR 23 (Thu) 17:00

JUN 6 (Sat)
10:00-11:30

Parent/child participation Kids play club for international understanding: Korean cultural experience



Ms. Choi Suran
(from Korea)

Let's enjoy conversation in easy Korean language and play Korean games together. With a small gift!
●Place: SWING 11F
●Eligibility: Elementary school children & their parents 10 pairs, 20 people, First-come-first-served.
●Fee: 300yen
●Sign up by MAY 29 (Fri)

JUN 6 (Sat)
14:00-15:30 Free of charge

"Know the world! " Let's communicate with people worldwide! India



Ms. Pasumarthy Lakshmi
Anoosha (from India)

Talks on life and culture of India, living in Japan etc.
●Place: SWING 10F
●Capacity: 25 people
●Sign up by JUN 4 (Thu) First-come-first-served.
※You can also sign-up via phone

JUL 4 (Sat)
14:00-15:30 Free of charge

"Know the world! " Let's communicate with people worldwide! Uzbekistan



Ms. Umarova Madina
(from Uzbekistan)

Talks on life and culture of Uzbekistan, living in Japan etc.
●Place: SWING 11F
●Capacity: 25 people
●Sign up by JUL 2 (Thu) First-come-first-served.
※You can also sign-up via phone



Musashino FM (78.2MHz)

NEWS from MIA MON - FRI 10:30-10:35

MIA Plaza 4th SAT every month 18:00-18:30

2 radio programs are provided by MIA



* For cooking events: The fee shall be fully collected in case of cancellation on the event day or the day before.
* In case applicants exceed capacity, a drawing will be held with priority on people signing up for the first time.

※ Please note events may be cancelled or contents be changed, to be posted on website.

«Privacy Information» Private information acquired from your application to MIA programs will only be used for the purposes of registration in the events, correspondence of specific activities and basic information for the instructors. MIA will not use such

MIA Japanese Courses

☎ 0422-36-4511

<https://mia.gr.jp/foreigner/japanese>

- Thursday 5/7-7/9
- Friday 5/8-7/10
- Saturday 5/9-7/11

- Capacity 20people
- Time 10:00-12:00p.m.
- How many times 10 times
- How much ¥6,000

☆ Childcare service is available on THU & FRI for ¥600 per child.

Study Course for Elementary/Junior High Students

(Study Support Course)



☎ 0422-36-4511

Free of charge

Study support course for elementary/junior High students	Schedule	■Place: MIA Conference Room * For students attending public elementary/junior high schools * Please ask MIA if you want to join after the course is started.
	① APR 15 - JUL 15 Every WED ※No class on 4/29 & 5/6 ② APR 17 - JUL 10 Every FRI ※No class on 5/1 ①② 15:30-17:00 10 people	



MIA Consultation ☎0422-56-2922

<https://mia.gr.jp/foreigner/consultation>

APR 25 (Sat)/ JUN 27 (Sat)

※See P.1 for MAY 30 consultation.

- Time: 13:00-16:00
- Place: SWING 9F

Booking required

Free of charge

You can consult with lawyers, psychiatrists and other experts. Interpreter service available. Privacy ensured.

Foreign Language Information @MIA: 9 Languages

Phone or visit MIA in person.

♥ Interpretation/translation assistance also available.

Free of charge

Japanese·English·Chinese·Nepalese	Tue · Wed · Thu · Fri · Sat 9:00-17:00	Spanish	Second Tue 15:00-17:00 (4/14, 5/12, 6/9)
Norwegian	Second Wed 14:00-16:00 (4/8, 5/13, 6/10)	Russian	Second Fri 10:00-12:00 (4/10, 5/8, 6/12)
Thai	Third Thu 10:00-12:00 (4/16, 5/21, 6/18)	German	Third Tue 14:00-16:00 (4/21, 5/19, 6/16)

Consultation Service by Other Organizations

Free of charge

When	Where	Point of Contact
6/14(Sun) 13:00-16:00 * Sign up by 5/29	Itabashi-ku Green Hall 36-1 Sakae-cho, Itabashi-ku	Itabashi Culture and International Exchange Foundation 03-3579-2015
6/20(Sun) 14:00-17:00 * Sign up by 6/5	Musashinodai children's center 2F 1-12-2 Musashinodai, Fussa-shi	Salon of kids of multi cultures "Welcome" 042-553-8822
7/4(Sun) 10:00-15:30 * Sign up by 7/3	Tachikawa City Service Center 2-2-27 Akebonocho, Tachikawa-shi	NPO Tachikawa Multicultural Center 042-527-0310

Information from Musashino City • MIA • Other Organizations in the Community

Free of charge No booking

Harappa flood drill • Bosai festa Musashino

(Joint host: Tokyo Metropolitan Musashino Chuo Park)

When: MAY 9 (Sat) 9:30-12:30 (tentative)

Where: Toritsu Musashino Chuo Park *Harappa Hiroba* (Yahatacho, Musashino-shi)

In Japan, it is very dangerous to have heavy downpours in a short period of time, because rivers may be flooded etc. The drill will show you how training is conducted to minimize damages by rain. Through interactive learning events, you can study various aspects of disaster prevention. Display panels introduce fire engines, anti-disaster activities etc. You can taste Self Defense Force curry, too.

Inquiries: Disaster Prevention Section 防災課
TEL 0422-60-1821

For Musashino citizens living a tough life

You can consult with Musashino City Office

Living Support Sub-section
Social Welfare Section
Health and Social Welfare Dept.
Musashino City Office

むさしのし けんこうふくしびが
武蔵野市 健康福祉部
せいかつふくしかせいかつそうだんがかり
生活福祉課 生活相談係



Loss of jobs...
Electricity bills...
Water bills...
Rent...
What to do...?

Monday - Friday
8:30-17:00
0422-60-1254

Let's get health checkup

Depending on ages and other conditions, Musashino citizens can get health checkup for eyes, teeth, cancer etc for reasonably low cost.

For details, please see Musashino city website or "むさしの健康だより"



You will receive gift cards from Musashino City Office !

If you live in Musashino city as of FEB 1, you will receive Vanilla Visa Gift Cards of ¥5000 per person, as part of the economic package program to ease the burden of food price hike.

In case you live with your family, cards will be sent together in the same envelope.

You can use the card for shopping and dining out.

For details, please see APR 1 edition of Musashino city report "武蔵野市報".



Free of charge

* For 0-year-old to pre-school children and their families living in Musashino city

まんまるスマイル (Manmaru sumairu) ~ 0123 Harappa matsuri

Various events are planned, such as one-day zoo village and mini concert. Some events require booking.

When: MAY 24 (Sun) ~ MAY 28 (Thu)

Where: 0123 Harappa

Sign-up & inquiries: 0123 Harappa
TEL 0422-56-3210



◆MIA Notice◆

"Ryugakusei" Musashino Family Program Musashino Family Cultural Exchange

When: JUN 27 (Sat) 15:00-17:00

Where: SWING 11F

* Families and Ryugakusei will have time together to know each other.



If you have something to present in front of everyone, please contact MIA in advance.

MIA 0422-36-4511
mia-family@sage.ocn.ne.jp

Volunteering at MIA

Orientation for volunteers to assist Japanese courses

① APR 18 or ② APR 25
Saturday 10:00-12:00
@MIA conference room

Please don't forget to attend the orientation if you want to be "**Nihongo Koryuin**" MIA volunteer assisting Japanese courses

●Program: Introduction of *Nihongo Koryuin* activities & episodes, explanation of the necessary courses to become *Nihongo Koryuin* etc

●Eligibility: 18 years old or up (High school students cannot be registered) Foreign nationals are welcomed.

●Fee: Free of charge to attend the orientation.

※If you want to attend the required courses, you will first need to register as an MIA volunteer, with MIA Membership Fee ¥2500 (for 1year) and lecture attendance fee (Japanese, ¥3600).

●Capacity: 25 people each

●Sign up by: APR 16 (Thu)



MIA Data

As of March 1, 2026
MIA Supporting Members 398people
MIA Foreign Members 742people
(73Countries/Regions)



* MIA Calendar (Japanese) is written in "Plain Japanese" (Japanese language made easy for foreigners).