

2018

Child Care Support Information Magazine for
0 to 5 Years Old Children
MIA Special Edition English Version



MIA Childcare Information Magazine

Editorial Committee of Foreigners

Musashino International Association

Child Care Information Magazine for 0 to 5 Years Old Children · MIA Special Editing Multilingual Version Creation Project

In recent years, even in Musashino City, childcare facilities have been increased, children's playgrounds have been created, and little by little environments for easy child-rearing have been established and movements to support child-rearing are becoming active.

However, some foreigners' fathers and mothers feel that it is difficult to obtain local childcare support information and utilize it for reasons such as Japanese language, the system is different and not well understood.

Therefore, as the first step of such support of MIA, focusing on foreign volunteers who have experiences raising children in the area and currently supporting foreigners, we organized “Childcare Information Magazine MIA Special Editing Multilingual Version Creation Project” and based on “The Child Rearing Information Magazine Sukusuku” issued by Musashino City, we edited and added information for foreigners and translated it to English version, Chinese version and Korean version. In addition, we are also creating a friendly Japanese version, Russian version, Vietnamese version and Nepali version which contents are more summarized with added explanation.

At this stage, we cannot cover all the information provided by the city, so MIA has full responsibility for this translated version. MIA first begins with good access to information on foreigners and we would like to help you utilize information in the future.

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What is MIA?

Musashino International Association (MIA) supports foreign residents living in Japan and promotes community exchanges in the community for a “Tabunka Kyosei”, multicultural society.

Address : 9F Swing Bld. 2-14-1 Sakai, Musashinoshi TEL: 0422-36-4511

■MIA Child Care Support■

Japanese Course with Childcare : Thursday and Friday morning, 3 terms per year (10 times per term).

Interpreter dispatch · Translation Service : Basically 5,000 yen within 2 hours. MIA registered and trained language volunteers will interpret at City Hall counter, City Facilities such as daycare centers and schools, etc. Please sign up in advance for schedule arrangement. (The first time free campaign is in progress.)

The Multiple Language Window for Questions : Assisting in living such as living consultation arrangements, reading a newsletters from the school and interpreting at MIA, etc.

Language	Date and Time	Language	Date and Time
Spanish	1 st Tue.14-16	German	3 rd Tue.14-16
Russian	1 st Fri.10-12	Tamil · English	4 th Fri.14-16
Norwegian · English	2 nd Wed.14-16	Thai	1 st Thu.10-12
Chinese	3 rd Thu.14-16		

MIA Website : <http://mia.gr.jp/> Japanese · English · Chinese

MIA Calendar (4 Languages) : We create MIA Calendar and regional information newsletters in Japanese · English · Chinese · Spanish versions and mail them to foreign members at the beginning of January, April, July and October. You can also see it on the website.

Consultation for Legal & Psychological Matters : The 4th Saturday afternoon of the month (Free of Charge)

You can consult with a lawyer or psychology counselor with interpreter. Reservation is required in advance.

Experiences of Senior Mom

There were such good things when participating in MIA's Japanese-language course with childcare.

- Because my child was taken care of by the volunteer staff, I was able to study Japanese at ease.

(Because there is no child) I was able to be alone and relax.

- I made friends. After class, we had lunch together and went to the park to have fun.

- I heard a lot of stories of the kindergarten from senior mothers.

Is it a lunch box? Is there a school lunch? Do you make your own picture book bag? Is there a custody childcare? I listened to lots of things and they taught me.

- I was taught the place where children play.

“Where is the cheap and enjoyable place?” “Park (Koen) is good”

“XX pool is fun too” “Go to Δ Δ amusement park (Yu-enchi)”, etc.

- I sang Japanese child songs together.

- My child learned Japanese greetings. (Hello, goodbye, thank you ...)

I used MIA Interpreter Dispatch.

MIA volunteers will help interpretation at Musashino City Hall counter, daycare centers, schools, etc. to help with language problems.

I used this support to talk with my child's teacher. Once a month, we interviewed at the daycare center. The teacher told me how she was doing, who she was playing with and what she ate for lunch. The teacher also gave me helpful advice. Thanks to the interpreter, I was able to understand the teacher's story without any problems and to communicate. I also had plenty of time to ask questions, so I was able to clear up the worries after the interview.

This service is charged, but I think it's worth it.

1. Musashino City Health Service for Mothers, Fathers and Babies

Inquiry : Health Section (Health Center) Kichijoji Kitamachi 4-8-10

TEL: 51-0700 P.13-①

Open : 8:30am-5:00pm Closed : Saturdays, Sundays, Public Holidays, New Year's Holiday

When you become pregnant

Please receive a doctor's diagnosis as soon as possible and submit a **Pregnancy Notification Form** to the **Health Section (Health Center)** . We will issue **Mother and Child Health Handbook** and **Pregnant Women's Health Checkup Examination Forms** so that we can record the health status of mothers and babies and receive free medical examination and free vaccination service.

Pregnant Woman Health Checkup Examination Forms (Free Coupon)

- ①Pregnant woman health checkup examination forms (14 sheets) ★
- ②Pregnant woman ultrasonic examination medical examination form (1 sheet) ★
- ③Pregnant woman cervical cancer screening (carried out in principle at the first checkup) ★
- ④ Pregnant woman dental health checkup examination form (once during pregnancy)

①-③can be received at a Consigned Medical Institution in Tokyo

④can be received at Designated Medical Institution in the city

★Even when visiting a medical institution other than Tokyo at a maternity home for delivery, etc. there is a city subsidy upon application.

Pregnant Woman Consultation (Health Center)

Public health nurse, etc. responds to various questions and anxiety during pregnancy by telephone or interview.

Pre/Post Birth Helpers Business

A pregnant woman who obtained a Mother and Child Health Handbook and a maternal woman within 90 days from the next day of childbirth (in the case of multiple cases, within one year from the day after delivery) who cannot receive assistance for household chores or childcare from family members during the day, a helper does housework help. (Fee : ¥500 per hour) P.35

Class and exchange meeting such as child rearing

(Japanese only · Reservation required · For details please check the city report or website)

- ①Stork class for becoming fathers and mothers

First pregnant women and their partners

- ②Open space for becoming mothers

Healthy pregnant women with more than 5 months pregnancy

Visiting Pregnant Women

Midwife and public health nurse visit your home and tell you about pregnancy and childbirth.

Pregnancy Hypertension Syndrome Medical Expense Subsidy
See page 18.

When your baby is born

Birth Registration

Please notify to municipalities of parents domicile, parents address or birthplace within 14 days (including the date of birth) from the day the child was born.

Hello Baby Visit

All households that have babies until 4 months after birth

Please fill in the birth contact sheet sandwiched between the Mother and Child Health Handbook when your child is born and stick a blindfold sticker and be sure to post it. At a later date, we will adjust the schedule and a nurse / midwife will visit to take baby's weight measurement and child - rearing consultation.

For the first time Class · Munching Murmurs Class · Kamikami Class (Health Center)

For parents who are parenting for the first time. There is a classroom at the Health Center according to the age of the baby, such as talk about baby food and tasting, and about cleaning of teeth.

(Japanese only · Reservation required · For details please check the Shiho-Musashino, etc.)

Baby Consultation Room (Health Center · Civic Hall · Public Hall)

After one month's health examination till under 1 year old

Weight measurement, consultation with midwife/administrative nutritionist, etc. Advance reservation not required. For details please check the Shiho-Musashino or website.

Allowance · Subsidy, etc.

If your child is born, please apply to the **Child & Family Support Center** within 15 days.

- ① Child Allowance / Special Benefit (See page 19)
- ② Infant Medical Expenses Subsidy (See page 19)

Congenital Metabolic Abnormality Test (See page 19)

Visiting business for severely multiple handicapped /mentally disabled children at home in Tokyo

About medical examination

The Medical Questionnaire that baby can receive medical examination for free will be notified individually.

※ If you have transferred to Musashino city please do the procedure at **Health Section.**

Checkup type	Period	Checkup Contents	Date and Time	Place
3-4 months Medical Checkup	3-5 months of age	Internal medical checkup, Measurement, Childcare consultation, etc.	2-3 times a month Tuesday Reception time 1:00pm- 1:50pm	Health Center
6/9months Medical Checkup	6-7 months of age	Internal medical checkup, Measurement, Health guidance, etc.	From time to time within the target age	Tokyo Metropolitan Government Internal Medical Service
	9-10 months of age			

18 months Internal Medical Checkup	18 months - 20 months of age (and mother)	Internal medical checkup, Measurement, Health guidance, etc.	From time to time within the target age	City Designated Medical Institution
18 months child and mother Dental Checkup Childcare Counseling		Dental checkup, Child care counseling, Nutritional consultation, etc.	2-3 times a month Tuesday or Thursday Reception time 9:10am- 10:00am	Health Center
3 years old Medical Checkup	3 years of age	Internal medical checkup, Measurement, Visual acuity / Auditory checkup, Dental checkup, Individual consultation, etc.	2-3 times a month Thursday or Friday Reception time 1:00pm- 1:50pm	
Infant Dental Counseling	18 months-30 months	Dental Prevention Class	1- 2 times a month Monday	
		Dental checkup, etc.	2-3 times a month Monday and Friday	

Time to send notices such as Questionnaires

- ① 3-4 months Medical Checkup →the end of the month, which will be 3 months
- ② 6/9months Medical Checkup→the end of the month, which will be 5 months
- ③ 18 months Medical Checkup→the end of the month which will be 1 year 5 months
- ④ 3years old Medical Checkup→the end of the month which will be 3 years old

※ ① and ④ will give you a picture book and a book list.

About Vaccination

- When vaccinating, “Vaccination Preliminary Examination Form” and “Mother and Child Health Handbook” are necessary.
- The “Vaccination Preliminary Examination Form” that can receive vaccinations for free will be sent separately at the beginning of vaccination.
- For those who do not have “Vaccination Preliminary Examination Form” by transfer, or those who lost it, please bring “Mother and Child Health Handbook” to the Health Section (Health Center).
- For vaccines to vaccinate over 9 years old, please check on Health News / City Website, etc.

Type	Period	Number	Inoculation Interval	Notice Time
Hepatitis B	Less than 1 year old	3 times	Two doses were given at intervals of 27 days or more and then inoculated once at intervals of 139 days or more from the first injection	The end of the month to be 1 month
Hib Infection	2 months to less than 60 months after birth	1 to 4 times depending on the age of first vaccination inoculation	First interval of 27 days or more Additional 3rd inquiry more than 7 months after inoculation * 1	
Pneumococcus			First interval of 27 days or more Additional interval of 60 days or more after the 3rd time on the day after 12 months after birth * 1	
4 in 1 shot * 2 (DPT-IPV) The 1 st period	3 months to less than 90 months after birth	The first time 3 times Additional once	For the first 20 days or more, typically three times at intervals from 20 days to 56 days Additional After the third round of the first round, interval of 6 months or more	
BCG	Less than 1 year old after birth	once	/	The end of the month to be 4 months
Chickenpox	From 12 month to less than 24 months after birth	twice	Twice at least three months apart	The end of the month to be 11 months

Measles Rubella	1 st Term From 12 months after birth to less than 24 months	once	/	The end of the month to be 11 months
	2 nd Term From 5 years old to less than 7 years old ※2 However, from April 1 to March 31 of the previous year of elementary school entrance	once		The end of March, the previous year of elementary school entrance
Japanese Encephalitis	1 st Term From 6 months to less than 90 months after birth	The first time twice Additional once	1 st Term First twice at least 6 days apart Additional interval of 6 months or more after the first round	The end of the month to be 3 years old

“Less Than” can be inoculated until the day before the birthday.

* 1 The number varies depending on the age of inoculation.

* 2 4 in 1 shot : Diphtheria, 100 days cough, Tetanus, Inactivated polio mixed vaccine (DPT-PV)

Experiences of Senior Mom

I used the Mother and Child Handbook (Mother and Child Health Handbook)!

●When I knew my pregnancy and had the [Mother and Child Handbook](#) issued at the Health Section (Health Center), I was told “Congratulations!” I realized that “I’m going to be a mother!”

Good Points about the Mother and Child Handbook

●By making notes of what I noticed during pregnancy, it became a bridge between me and the obstetrician doctor, and since my baby was born it became a child-care diary by writing down what happened to my baby.

●The record of changes in my body during pregnancy remained. I could record the date of my first pregnancy checkup and the day when I felt fetal movement. I thought it was good to have this record when I looked back several years later.

●I will not forget the weight of the child at birth even if the child grows up, but I forget the weight at the age of months. However, I have a record of medical examination in the [Mother and Child Handbook](#) so I was able to look back on later.

●There is a spare column on the last page of the [Mother and Child Handbook](#). Because my child had food allergies, I was recording when and what kind of symptoms appeared while eating. Even when the doctor suddenly asked about allergic symptoms at the hospital, I was able to answer concretely when I saw the [Mother and Child Handbook](#).

Baby Health Examination (Health Examination)

- A questionnaire form for a baby to receive **medical examination** for free was sent from Musashino city at the time of visit.
- I was nervous about my baby's first **medical examination**, but since the aim of the growth was written in the **Mother and Child Handbook**, so I was able to receive it with a little peace of mind.
- I consulted with the teacher what I am worried about and anxious about at the time of **medical examination**.

It was a good time to be relieved of parent's feelings.

- There was a sitting check of the neck at the health examination for 3-4 months, and my child was re-examined again. But I was able to notice this because they pointed out at that exam.

Baby got a vaccination

- “**Vaccination** Preliminary Examination Form” that can receive **vaccinations** for free was sent from Musashino city at the time of inoculation started.
- When receiving **vaccination**, I brought this “**Vaccination** Preliminary Examination Form” and **Mother and Child Handbook**. Hospital people recorded which **vaccinations** were received in the **Mother and Child Handbook**. There were times when it was necessary to check **vaccination** since entering elementary school, but I understood it immediately by looking at the **Mother and Child Handbook**.
- I thought many times that my child was sore and pity. But I did not want to regret that if my child got a big sickness because of not taking the **vaccination** at that time. So, I received all the **vaccinations** that were decided. For children, I think that it is better to receive **vaccination** for the future of children.

2. What to do in a parenting trouble? – Child Care Consultation Service Information

When you are having trouble raising children or when you do not know what to do, you can consult them free of charge. Consultations are in Japanese, so please take someone who can speak Japanese with you. If you can't find such a person, MIA interpreter service (5,000 yen per 2 hours) is also available. (The first time free campaign 2018 is in progress.)

Pregnancy · Childbirth

· Health care management during pregnancy and after childbirth (nutrition / dentistry)→①Health Section

Baby's Life

- Birth of premature baby and future child-rearing→①Health Section
- Breast-feeding and baby food→①Health Section
- The baby cries too much→①Health Section

Child's Development

- At a loss for words/Words seem to be slow/Pronunciation is unclear→④Habit
- (Ka line becomes Ta line, cannot say Sa line, etc.)
- Tantrums are terrible/Too much own pace→④Habit②Education Support Center
- Restless or overactive child→④Habit②Education Support Center
- Posture/How to stand/How to walk are worrisome (crab crotch, inner thigh, etc.)→④Habit
- The baby isn't turning over, crawling ("hi hi") or walking→④Habit
- Sight (hearing) seems to be weak, but ... Where should I consult? →①Health Section
- Many drooling→④Habit
- Not good at meeting/gathering people→④Habit②Education Support Center
- Cannot act with friends/Cannot listen to the teacher's story/Many fights→④Habit②Education Support Center
- Concerned about stuttering and ticks→②Education Support Center
- Bed wetting does not heal→②Education Support Center

Child's discipline

- When can I train, what should I do?②Education Support Center
- About meals (nutrition)→①Health Section
- Drink a whole meal/Cannot use the spoon well→④Habit
- It is a rebellious period and do not know how to handle→②Education Support Center

School

- Being reluctant to attend school →②Education Support Center
- Do not get into class and cannot make friends→②Education Support Center
- Being bullied→②Education Support Center
- Refused to go to school→②Education Support Center
- Living abroad for a long time, the child can speak only a little Japanese and cannot follow the lesson. →②Education Support Center

Child's Health

- Tell me about the weight→①Health Section
- Having a fever (illness)?→①Health Section
- Which department of the hospital to go (with such and such symptoms)? →①Health Section

Others

- Nobody helps me. . . . What should I do? →③Children & Family Support Center
- I do not know where to consult . . . →③Children & Family Support Center
- I want someone to listen to my complaint about my husband!→③Children & Family Support Center
- I was irritated and I slapped my child carelessly, what should I do?→③Children & Family Support Center
- I cannot think that children are cute→③Children & Family Support Center
- ○ ○ family, always yelling at their house, are they okay?○→③Children & Family Support Center

Consultation Reception

① Health Section (Health Center)

Musashino City Health Center 1F Kichijohi Kitamachi 4-8-10 TEL: 0422-51-0700

Support general parenting in response to various consultations during pregnancy.

② Education Support Center

Oonoden Elementary School B1F TEL: 60-1899、60-1922 (Telephone consultation hotlines)

Education counselors (clinical psychologist) respond to various consultations about children from infants to adolescence.

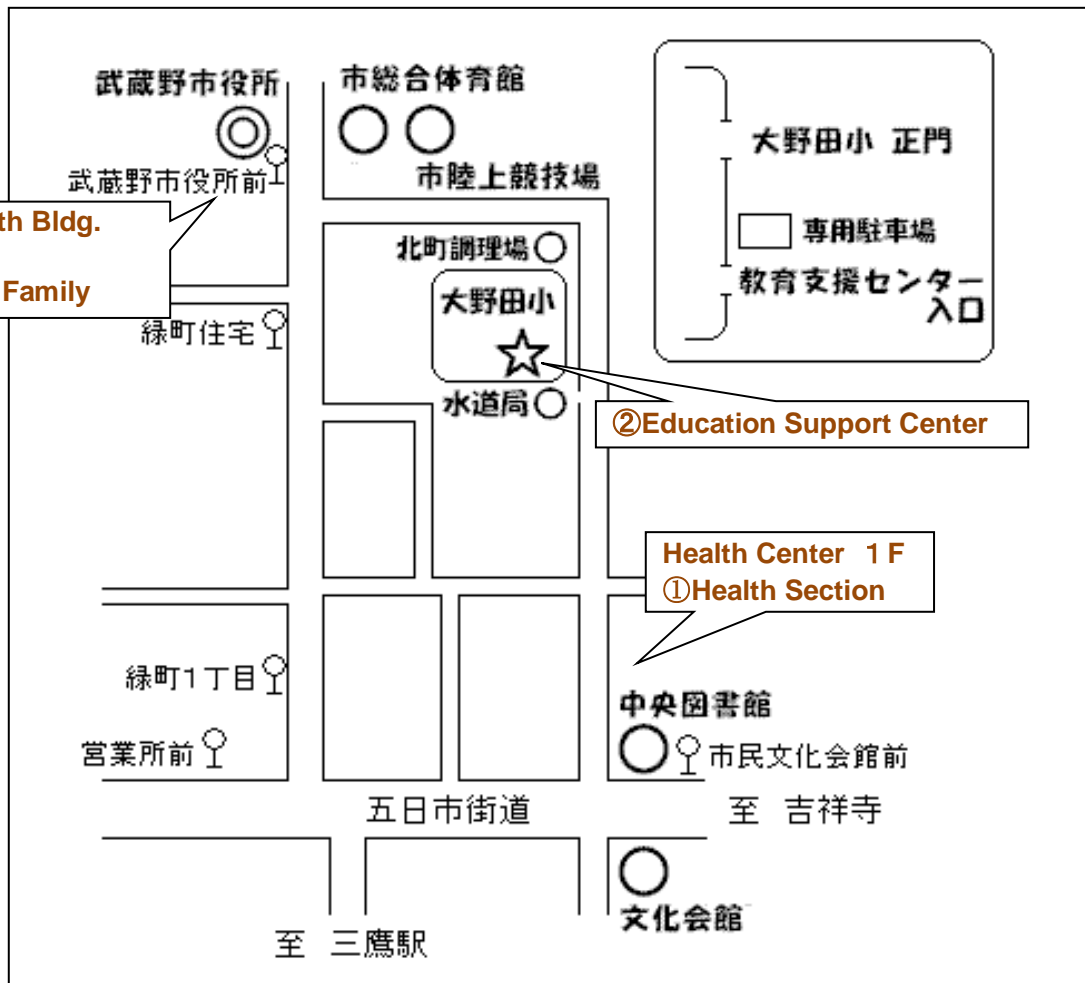
③ Children & Family Support Center

Musashino City Hall South Building 3F Children & Family Department Children & Family Support Center

General Consultation for Child Care / Abuse report TEL: 0422-55-9002
TEL: 0120-839-002

Single Parent / Female Consultation TEL: 60-1850

General consultation for children and their families. Consultation is available on telephone, at the support center, or by visiting their home.



④ Community Health Consulting Room Habit

Midoricho 2-6-8 Musashino Midoricho 2-chome No.3 Apartment 1F
Midori-no Kodomo-Kan

TEL: 0422-55-8510

Consultations related to 0-18 year old children's development. Appointment is required, so please pick up the phone first. Service is free of charge.



Consultation conducted outside Musashino City

Section	Name	Contact Information
Medical Institution Information	Tokyo Metropolitan Medical Information Service "Himawari"	TEL: 03-5272-0303
	Tokyo Fire Department Emergency Counseling Center	#7119 (Push line・Mobile・PHS) TEL: 042-521-2323
	Telephone Consultation "Emergency Counseling for Children (Child's Health Counseling Room)" (Tokyo Metropolitan Welfare and Health Bureau)	#8000 (Push line・Mobile) TEL: 03-5285-8898 (Dial line・IP phone, etc. from all the phones)
Kokoro "Heart"	Mental Healthcare Consultation Room (Metropolitan Children's General Medical Center)	TEL: 042-312-8119
	Mental Healthcare Consultation (Tokyo Metropolitan Tama Mental Health and Welfare Center)	TEL: 042-371-5560
	Telephone Consultation at Night in the Tokyo Metropolitan Area (Tokyo Metropolitan Tama Mental Health and Welfare Center)	TEL: 03-5155-5028
Medicine	Medicine Consultation (Pharmaceuticals and Medical Devices Agency)	TEL: 03-3506-9457
	Consumer's Medicine Consultation Desk (Japanese Pharmaceutical Association Central Pharmaceutical Information Center)	TEL: 03-3353-2251
Female	Tokyo Female Consultation Center Tama Branch	TEL: 042-522-4232 Visit consultation is 【Reservation Required】
	Tokyo Women's Plaza	TEL: 03-5467-2455 Interview consultation is 【Reservation Required】
	Mothers Hello Work	Tokyo TEL: 03-3409-8609 Tachikawa TEL: 042-529-7465 Reservation consultation is available
Addiction	Tsukuba Addiction 110	TEL: 029-852-9999
	Only for Cigarettes	TEL: 072-726-9922
General Childcare	4152 Telephone Consultation (Childcare Counseling Center)	TEL: 03-3366-4152 Hearing speech disabled person consultation fax 03-3366-6036

Consultation Contents	Implementation Time
Medical institution · Night holidays Medical institution providing information	24 hours (7 days a week) * Multilingual available See page
· Consultation on urgency based on symptoms · Necessity of consultation, medical institution information	24 hours (7 days a week)
Pediatrician physicians, public health nurses, etc. will answer for the sudden illness at night.	Monday - Friday (excluding public holidays · New Year's holidays) 6 PM - 11 PM Saturdays, Sundays, public holidays and New Year's holidays 9 am - 11 pm
Wide consultation on children's behavior and mental development	Monday - Thursday (except public holidays and New Year's holidays) 9:30 am - 11:30 am 1:00 pm - 4:30 pm
Consultation on mental health welfare such as content related to mental health, drugs, alcohol, adolescents	Monday - Friday (excluding public holidays · New Year's holidays) 9 am - 5 pm
When you are in trouble with mental problems, you cannot sleep well, you are not motivated, when you want to die, etc.	Every day 5 pm - 10 pm (Reception is open until 9:30 pm)
Medical consultation	Monday - Friday (excluding public holidays · New Year's holidays) 9 am - 5 pm
Medical consultation	Tues and Friday (excluding public holidays · New Year's holidays) 10 am - noon 1 pm - 4 pm
Consultation of women's various troubles by professional staff	Monday - Friday (excluding public holidays · New Year's holidays) 9 am - 4 pm Every day (excluding New Year's holidays) 9 am - 9 pm
Introduction to employment counseling and job offering companies Child corner available Various seminars / Training courses	Monday - Friday 10 am - 6 pm (excluding public holidays · New Year's holidays)
Telephone consultation at Japan Addiction Information Center	Every day 9 am - 9 pm
Information provided by Japan Addiction Information Center	Every day 24 hours
Any consultation about children under the age of 18	Monday - Friday 9 am - 9 pm Saturdays, Sundays and public holidays 9 am - 5 pm (excluding New Year's holidays)

Section	Name	Contact Information
Abuse	Tokyo Sugunami Child Guidance Office	TEL: 03-5370-6001
	Child Guidance Office Nationwide Common Dial	TEL: 189
	Tokyo Metropolitan Child Guidance Center (Emergency contact at night / holiday)	TEL: 03-5937-2330
	(Social Welfare Corporation) Child Abuse Prevention Center Consultation Phone	TEL: 03-5300-2990
Single Parent	Heart Tokyo Metropolitan Single Parent Family Support Center ((General Incorporated Foundation) Tokyo Metropolitan Single Parent Family Welfare Council)	TEL: 03-5261-8687 (Living Consultation)
Law	Tokyo Labor Bureau Equal Employment Office	TEL: 03-3512-1611

Consultation Service for foreigners (city and outside)

Section	Name	Contact Information
Education (Elementary and Junior High School)	Musashino City Return Home · Foreign Education Counseling Room	TEL:0422-54-8626
Law / Psychology	Musashino International Association (M I A)	TEL:0422-26-2922
Medical	Tokyo English Life Line Telephone only 9 am - 11 pm	TEL: 03-5774-0992
	Tokyo English Life Line Visit consultation Paid reservation system 10 am - 6 pm	TEL: 03-3498-0231 (English) 03-3498-0232 (Japanese)
	A M D A International Medical Information Center	TEL: 03-5285-8088
	Tokyo Metropolitan Medical Facility Information Service "Sunflower" Hospital Introduction, Medical Information	TEL: 03-5285-8181
	(Special activity) Share = International Health Cooperation Citizen's Association Telephone only	Japanese · English TEL: 03-5807-7581 Thai TEL: 03-3791-3630

※Regarding clinics, etc. in areas where foreign languages are communicable, there is the latest information on the website of Musashino Municipal Medical Association. URL : <https://www.musashino-med.or.jp/>

Consultation Contents	Implementation Time
Every consultation such as abusive / delinquent problem, etc. for children under 18 years old	Monday - Friday (excluding public holidays · New Year's holidays) 9 am - 5 pm
Same as above	24 hours 365 days
Currently consulting at the child guidance office in Tokyo, for urgent consultation	Weekday night (after 5:45 pm) Saturdays, Sundays, public holidays, and New Year's Holiday
Consultation about abuse, child raising	Monday - Friday 10 am - 5 pm Saturday 10 am - 3 pm (excluding public holidays · New Year's holidays)
Consultation about various problems of single parent family	Every day 9 AM - 4:30 PM
Consultation on Equal Employment Opportunities for Men and Women, Child Care and Nursing Care Leave	Monday - Friday (excluding public holidays · New Year's holidays) 9 am - 5 pm

Consultation Contents	Implementation Time
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Consultation on various problems encountered in the course of adapting to Japanese school life (English, Chinese)	Monday - Friday (excluding public holidays · New Year's holidays) 10 am - 5 pm
Consultation with professional such as lawyer, psychology counselor and language volunteer as interpreter	The 4th Saturday afternoon of every month (reservation required) Reservation reception: Tuesday - Saturday 9 am - 5pm
Troublesome consultation (free) (English)	Monday - Sunday 9 am - 11 pm
Face-to-face consultation with counselor English, Spanish, Portuguese, German	Monday - Friday (chargeable / reservation required) 10 am - 6 pm
Medical information, hospital introduction, medical interpretation English, Chinese, Spanish, Korean, Thai	Monday - Friday 9 am - 5 pm
Hospital introduction, medical information English, Chinese, Spanish, Korean, Thai	Monday - Sunday 9 am - 8 pm
Telephone consultation on foreign medical care (Japanese, English) Telephone consultation on health and AIDS (Thai)	Monday - Friday 10 am - 5 pm Thursday 9 pm - 4 pm Saturday 5:30 pm - 10 pm

3. Economic support for child rearing - Introduction of Benefits, Subsidies, Medical expense subsidies

There are various kinds of economic support for child rearing. The target system varies depending on the person. Application of either system is necessary. If the application is delayed, the time to be subject to the system may be delayed or the system may not be accepted, so please be careful.

For details, please contact each counter. Please contact us in Japanese. Interpreter dispatch of MIA (2 hours 5,000 yen) is also available. (During the first free campaign in 2018).

Pregnancy-Childbirth

■Pregnancy Hypertension Syndrome Medical Expense Subsidy

Inquiry: **Tama Fuchu Health Center** TEL: 042-362-2334

Pregnancy requires inpatient treatment ① Pregnancy Hypertension Syndrome ② Diabetes ③ Anemia ④ Obstetric bleeding ⑤ Who suffers from heart disease and related diseases and meets the prescribed requirements

■ Inspection for Congenital Metabolic Abnormality Inquiry: **Tama Fuchu Health Center** Tel: 042-362-2334

For all pregnant women. Fill out the application form for congenital metabolic abnormality, etc. prepared at the medical institution to be birthed and submit it to the medical institution for free.

■ Inpatient Midwife Low-income person Inquiry: **Lifestyle Welfare Section** TEL: 60-1849

■ Health Guidance Form Low-income person Inquiry: **Health section (in Health Center)**

TEL: 51 – 0700

Childbirth-Child care

■Childbirth Allowance Lump Sum Applicable to national health insurance. It is paid 420,000 yen for each birth child. If you have other health insurance, please contact your health insurance.

Inquiry: **Insurance Section** TEL: 60-1834

■The Birth Memorial Trees For all babies. Celebrate the birth of a baby, presents a memorial seedlings. * 1

Green City Promotion Section TEL: 60-1863

■Stork Vegetable Project For all babies. Celebrate the birth of a baby, presents a vegetable exchange voucher (for 2,000 yen).

* 1 **Living Economy Section** TEL: 60-1833

* 1 We will send you an application postcard at the time of your baby visit.

■Medical Treatment for Premature Infants Medical

Inquiry: **Health Division (in Health center)** TEL: 51 – 0700

When a newborn baby born with immature physical function is hospitalized to designated medical care institution, we will subsidize self-payment of insurance medical treatment.

■Child Allowance / Special Benefit

Inquiry: **Child & Family Support Center** TEL: 60-1852

We will pay to those who have a resident registration in the city, and those who are raising children before secondary school completion.

There is income limit.

■Infant and Compulsory Education School Attendance Medical Expenses Subsidy

Inquiry: **Child & Family Support Center** TEL: 60-1852

We will subsidize self-payment of medical insurance treatment for children who have resident registration in the city and who are enrolled in health insurance before the completion of junior high school. There is no income limit.

■Children Chronic Illness Medical Fee Subsidy

Inquiry: **Social Welfare Section for the Disabled** TEL: 60-1904

We will subsidize a part of medical expenses (self-burden after applying health insurance) pertaining to the designated medical institution to the child under the age of 18 whose condition of chronic disease corresponds to the certification criteria. Target disease: Malignant Neoplasia, Chronic Kidney Disease, etc.

■Child-Raising Medical Support for becoming Independent (Training Medical)

Inquiry: **Social Welfare Section for the Disabled** Tel: 60-1904

We will subsidize a part of medical expenses at the designated medical institution (self-payment after applying the health insurance). Must be under 18 years old and require a surgery with proven results to improve quality of life.

■Air Pollution Medical Expenses Subsidy Inquiry: **Health Section (in Health Center)** TEL: 51 - 0700

Those who meet all requirements in Bronchial Asthma, Chronic Bronchitis, Asthmatic Bronchitis, Pulmonary Emphysema have a subsidy from the Tokyo Metropolitan Government for self-payment of medical expenses.

In case of Disability

■Welfare allowance for disabled children

■ Welfare allowance for persons with physical and mental disabilities

■ Severe physical and mental disability allowance

Inquiry: **Social Welfare Section for the Disabled** Tel: 60-1904

■ Special child support allowance

■ Child development training allowance (disability allowance)

Inquiry: **Child & Family Support Center** TEL: 60-1963

Support under 20 years old who is raising a child with certain disabilities. There is income limit.

For a Single Parent Family

Please contact us for more information.

■Child support allowance

■Child development training allowance

■ Single parent household, etc. Medical expenses subsidy

- Single parent household housing expenses subsidy
Inquiry: **Child & Family Support Center** TEL: 60-1963
- Single parent home Help service
- Mother and child and fathers' social welfare fund lending · Women's welfare fund loan
- Independence Support Education Training Benefit · Higher Vocational Training Benefit
Inquiry: **Child & Family Support Center** TEL: 60-1850

When entering a Kindergarten / Non-Ninca Certified Daycare Facilities

- Non-Ninca Certified Daycare Facilities Childcare fee subsidy

Child Raising Support Section TEL: 60-1854

Subsidy will be given to parents living in the city who have delivered the childcare fee by making a use contract of 160 hours or more per month with the city group nursery school and the Tokyo metropolitan nursery school monthly or annually.

There is a monthly upper limit of 50,000 yen. There is income limit.

The amount of grant varies depending on income (citizen tax amount is standard) and child's classification.

- Private Kindergartens, etc. Entrance fee subsidy

Inquiry: **Child Raising Support Section** TEL: 60-1854

We will grant subsidies to those who have paid admission fees to private kindergartens or kindergarten similar facilities / unlicensed infant facilities. Grant amount: 30,000 yen per person per income. There is no income limit.

- Private Kindergartens, etc. Childcare fee subsidy

Inquiry: **Child Raising Support Section** TEL: 60-1854

We will grant subsidies to those who have paid childcare fees to private kindergartens or kindergarten similar facilities / unlicensed infant facilities. Monthly 5,000 yen - 11,200 yen

The subsidy amount will be in accordance with income (citizen tax amount is based) and the classification of the child.

Unauthorized infant facilities children are 5,000 yen per month. No income limit

- Private Kindergarten, etc. Regional Scholarship subsidy

Inquiry: **Child Raising Support Section** TEL: 60-1854

We will grant subsidies to those who have paid childcare fees to private kindergartens or kindergarten similar facilities / unlicensed infant facilities. ¥ 62,200 to ¥ 308,000 per year

The subsidy amount will be in accordance with income (citizen tax amount is based) and the classification of the child.

There is income limit.

Depending on kindergartens, etc., it may not be delivered.

- Infant Education Facilities Enrolled Parents subsidy Inquiry: **Child Raising Support Section** TEL: 60-1854

We will grant subsidies to those who are parents of an infant (3 years old - before elementary school preschool) attending an infant education facility and who paid the enrollment fee. Monthly 3,000 yen. No income limit.

When entering an Elementary School

■School Enrollment Support

Inquiry: **Education Support Section** TEL: 60-1900

School enrollment expenses will be paid to guardians who are living in the city and are guardians of municipal / state elementary and junior high school students who are recognized as difficult to enroll for economic reasons.

(Supplied expense items) School supplies, school supplies expenses, school lunch expenses, extracurricular activities · school excursions participation fee, etc.

■Special Education School Enrollment Incentive Expense

Inquiry: **Education Support Section** TEL: 60-1900

Part of educational expenses will be paid to parents of child students who fall under the municipal elementary and junior high school and fall under any of

① to ③.

① I am enrolled in the special support class.

② I go to a class guidance class and travel expenses are applied.

③ There are obstacles as stipulated by laws and ordinances.

* Living protection, not receiving schooling support expenses

* Income restrictions (Excluding commuting and regular-grade expense)

<Payment Costs> School supplies, school supplies expenses, school lunch expenses, school excursions and school trips participation fee, commuting and regular grade expenses, etc.

Other subsidies

■Private kindergarten · Ninka · Group childcare room · Ninsho daycare, etc.
Registration permit issuance fee issue grant

Inquiry: **Child Raising Support Section** TEL: 60-1854

For children living in the city who are attending a private kindergarten, daycare in the city.

Only when the child who is using the accredited kindergarten and regional childcare project, etc. has consulted a medical institution in the city due to a contagious disease, you can have your medical institution issue a free registration certificate after your child's illness.

Experiences of Senior Mom

There are various kinds of benefits.

There are things that everyone can certainly receive, and there are conditions also.

However, we cannot accept any kind of benefits from ourselves.

Also, it will not be possible to apply even after the application period.

So I decided not to forget to consider the application period of the benefit according to the child's growing stage.

- 1: When pregnant
- 2: When a baby was born
- 3: When a child goes to daycare or kindergarten
- 4: When going up to elementary school
- 5: When going to junior high school / high school

On benefits for children with disabilities

My acquaintance's foreign child had an intellectual disability, but I did not know that the application of welfare allowance applies to children with intellectual disabilities. However, from a colleague of the company, his child was also taught that it would be subject to welfare allowance application, and as a result of applying, after interviewing and examination by a doctor, etc., receiving a designation of the grade, welfare allowance according to the grade is now possible to receive.

4. When you want to put the child in day care.

Childcare Facilities · Kindergarten · Asobee · Gakudo Club Information

There are various Childcare Facilities in Musashino City. Please consider the features of the facility and conditions of entry and select the facility you would like.

You can consult when you do not know about Childcare Facilities. Consultation is in Japanese. Please go with someone who can speak Japanese. Reservation (TEL:: 60-1854). Interpreter dispatch of MIA (2 hours 5,000 yen) is also available. (During the “First Time Free” Campaign in 2018).

Childcare Facilities

■Ninca Certified Daycare Center Inquiry : [Child Raising Support Section](#)
TEL: 0422-60-1854

<Age> 3 Months - 5 Years Old * There is a center to take care from the 57 days after birth.

<Admission Reception>

In the middle of fiscal year entry period: entry point Principles of the previous month of the desired month 1 to 15 days

April entry period: We will inform you on our website.

<User Burden> It is decided according to the guardian's tax on income.

<Basic Childcare Time>

Weekdays : 8:30am-4:30pm

Saturday : 8:30am-noon

Closed days : Sunday, Holidays, New Year's Holiday (12/29-1/3)

<Special Childcare>

○Early morning and evening childcare

57 days after birth - full three months 8:30am - 5:00pm (until noon on Saturday)

From 3 months - 1 year old birthday 7:30 am - 6:00 pm

1 year and over: 7:30 am - 6:30 pm

Also, please confirm that private daycare may have different basic childcare hours (early morning / evening child care hours).

○Extended childcare

Early in the morning · Evening childcare is carried out which further extends childcare time. The time zone is until 7:15 pm in the municipal daycare. A separate usage fee is required.

○Maternity leave childcare

It is childcare from the 57th day after birth.

○Child care for disabled children

We will nurture children between 0 and 5 years old who have mild disabilities and are suitable for integrated childcare / group care. For private daycare please contact the [Child Raising Support Section](#).

List of Ninca Certified Daycare Center

Name	Address	Phone Number	Capacity (number)
Higashi Daycare	Kichijoji Higashicho 3-28-3	21-2495	75
Minami Daycare	Kichijoji Minamicho 3-6-15	48-1501	96
Machi no Daycare Kichijoji	Kichijoji Honcho 3-27-13	38-8260	60
Kitamachi Daycare	Kichijoji Kitamachi 1-23-17	21-6681	128
Kichijoji Daycare	Kichijoji Kitamachi 5-11-51	51-5206	102
Seika Daycare 1	Nakacho 2-31-8	54-3854	72
Musashino Sekijyuji Daycare	Nakacho 3-25-7	52-3298	178
Arinco Daycare	Nishikubo 1-11-10	54-1356	66
Seika Daycare 2	Nishikubo 2-15-3	38-7352	96
Nishikubo Daycare	Nishikubo 2-18-6	51-5307	110
Fujinomi Daycare	Midoricho 3-4-3	55-2525	103
Nichii Kids Musashino Yahata Daycare	Yahatacho 1-2-25	60-2015	80
Senkawa Daycare	Yahatacho 1-4-13	51-8478	96
Kids Garden Musashino Sekimae	Sekimae 3-4-11 Abitashion Musashino 1F	38-6825 38-6867	96
Musashisakai Kosumo Daycare	Sakai 1-20-5	55-8686	99
Sakai Daycare	Sakai 4-11-3	53-1783	102
Kyonan Daycare 2	Kyonancho 2-20-17	32-8167	83
Global Kids Musashisakai	Kyonancho 4-2-19	51-2242	62
Kyonan Daycare	Kyonancho 5-1-1	32-2443	102
Sakurazutsumi Daycare	Sakurazutsumi 2-1-27	52-4671	96
Sakai Kodomoen (Nintei Certified Daycare Center)	Sakai 4-11-6	53-2312	61 (107)

Childcare Facility Q & A

Q1 What is the difference between Daycare Center and Kindergarten?

A. The Daycare Center entry criterion is that parents are working, there are reasons that require childcare, such as being sick. Kindergarten is for children from 3 years old and can enter even if someone can take care of your child.

Q2 Where do I get the registration application documents?

A. We distribute “Bookmark of Childcare Facility” and entry form for admission at Childcare Center, Municipal Administration Center, Child Raising Support Section. (only in Japanese)

Q3 Can I join in the middle of the fiscal year?

A. Application for admission is accepted from the 1st to 15th of the month before the month you wish to join, and you can enter if there is a seat. Please consult the Child Development Section.

As for the acceptance of entry in April, we will inform you on the Shiho-Musashino and Website.

Q4 Can I enter a childcare facility even while I am in a job offer?

A. It is conditional to have a job within 3 months after entry. Please contact each facility for Non-Ninca Certified Daycare Facilities.

Q5 What is the entrance fee and the user's burden?

A. There is no admission fee in the case of Ninca Certified Daycare Center, Sakai Kodomoen in the city. There is no difference between the municipal and the private sector for the user's burden, and it is decided by the citizen tax income dividend of the parent. There is a mitigation measure after the second child. In the case of Non-Ninca Certified Daycare Facilities, please contact them as it varies from facility to facility.

For questions about this question and other questions, please contact the **Child Raising Support Section**. TEL: 60-1854

Nintei Certified Daycare Center

Nintei Certified Daycare Center is a facility that combines the functions of kindergarten, daycare center, and child rearing support.

Level 1 children (kindergarten) and level 2, 3 children (daycare center) play together. There is one center in the city.

Name : Sakai Kodomoen Address : Sakai 4-11-6 TEL: 0422-53-4312

Installation · Operating Entity: (Public Interest Foundation) Musashino City Child Association

Entrance Application & Selection

Level 1 child apply for admission directly to Nintei Certified Daycare Center.

Level 2, 3 child applies the same as Ninca Certified Daycare Center.

Application for admission and selection will be carried out by the Child

Raising Support Section (TEL: 0422 - 60 - 1854).

Category	Capacity	Age	User's burden	Childcare time	Holiday
Level 1	46	4-5 years old	0 yen to 308,400 yen / year depending on the tax amount of citizen tax ※ Including school lunch expenses	Monday-Friday 9:00-14:00	Saturdays, Sundays, holidays, long holidays summer season, winter season, spring season
Level 2 Level 3	61	3 months -5 years old	Decided according to the guardian's citizen tax income quota (Same standard as City Ninca Certified Daycare Center)	Weekdays 7:30-19:15 (Including extended childcare) Saturday 7:30-18:30 * Available time varies depending on month and age.	Sundays and holidays New Year's Holiday (12 / 29-1 / 3)

Regional Style Childcare Program

Children from 0 to 2 years old

The entrance reception is the same as the Ninca Certified Daycare Center.

Application for admission and selection are carried out by the city's **Child Raising Support Section** (TEL: 0422 - 60 - 1854).

■Pediatric certified nurses (childcare mothers)

Nursery teacher, kindergarten teacher, nurse or home care teacher are required training and are in charge of nursing in the child rearing room such as home. Eight places in the city.

■Company daycare facility

We will nurture employee's children and local children together at childcare facilities, etc. at the company. One place in the city.

■Small scale daycare facilities

We will provide precise childcare with the capacity of a small group (capacity of 6-19 people). Fifteen locations in the city.

Non-Ninca Certified Daycare Facilities

■Group Daycare

It is a unique business of Musashino City where several people who are qualified as nursery teachers or the like utilize a detached house or apartment in a condominium daycare. In the nursery school where the city has established the standards of installation and found that it meets this standard, the city is implementing it as part of standby child countermeasures. One place in the city.

Name	Capacity	Address	Tel	Age
Mommy North Kichijoji Daycare	40 名	Kichijoji Kitamachi 1-10-2 G R A N Z Bldg. 1 F	27-6422	0~5

■Ninsho Certified Daycare Center

It is a daycare center that meets the criteria of Tokyo and is certified. We do childcare from 0 year old child and opened 13 hours a day or more. There is A type in the vicinity of the station and B type (only Sumire Daycare in the city) that carries out homely daycare. There is a childcare fee subsidy system (see P.20) according to certain requirements.

Name	Capacity	Address	Tel	Age
Musashino Puchi Kureishu	40	Kyonancho 2-11-22 Daiichi Hisho Bldg. 2F	33-4400	0~5
Kazenoko Daycare	60	Sakai 1-16-34 Greenheim 1,2F	55-9872	0~5
Sumire Daycare (Type B)	29	Kichijoji Higashicho 2-6-2	20-6640	0~2
Poppins Nursery School Musashino	40	Nakacho 3-6-1	50-2125	0~5
Kappanoie Daycare	30	Kichijoji Honcho 2-17-4	23-5960	0~5
Mamma Musashino	30	Nakamachi 2-5-22 Face Mitaka 1,2F	53-6860	0~5
Poppins Nursery School Kichijoji	30	Kichijoji Minamicho 1-6-3 Kichijoji Tokyu R E I Hotel 2F	70-2171	0~5
Musashisakai Sumire Daycare	30	Sakai 1-17-16 Grace Flat Sakai 1F	38-9292	0~5
Poppins Nursery School Musashino Towers	40	Nakacho 1-12-10 Musashino Towers Sky Gate Tower Towers Mall 5F	60-2180	0~5
Global Kids Cotonior Kichijoji Daycare	39	Kichijoji Minamicho 5-15-10	21-3355	0~5
Nissei Kichijoji Daycare Hibiki	40	Kichijoji Honcho 2-10-5 Sankei Bldg. 2F	27-1457	0~3
Nakacho Sumire Daycare	60	Nakacho 2-5-5 Croft Cottage 1F	38-6220	0~5
Poppins Nursery School Musashisakai	40	Sakai 1-2-22 Brilliant Palace 1F	38-6731	0~5
Pinocchio Yojisha Kichijoji Daycare	26	Kichijoji Honcho 4-10-9 Twin Leaves 1F	28-5570	0~5

Kindergarten

In the city there are private kindergartens for 3-5 year olds. For further information such as recruitment, please contact each kindergarten. For details, please see P.20.

■Kindergarten Q & A

Q1 Can I visit the kindergarten before entering?

A. If you wish to visit, please contact in advance by phone, etc. before you go. Also, there are kindergartens conducting kindergarten recruitment briefings and kindergarten visits, so please contact each kindergarten.

Q2 How do I get an entry application form?

A. The entry application form for the following fiscal year will be distributed in each kindergarten from around 15th October. For details, please see the September 15 issue Shiho-Musashino.

Q3 Tell me about the entrance procedure.

A. Please bring an application form for admission directly to each kindergarten. Regarding the interview at the time of admission and the decision on acceptance or rejection, there is a kindergarten to do on the designated day different from the kindergarten to be done on the submission date of the application form for admission. Regarding admission fee and facility maintenance fee, it seems that there are many cases where you pay mostly within one week after the admission decision.

Q4 Can I enter in the middle of the year?

A. Some kindergarten might be accepting entrance even during the year, please contact the kindergarten directly.

Q5 How much is the child care fee?

A. It depends on the kindergarten. It is roughly 20,000 yen to 30,000 yen per month.

Q6 What is the subsidy system for nursery fees, etc. ?

A. For children who attend private kindergartens, we will grant subsidies from Musashino City. (For kindergartens in and outside the city) Application will be distributed from each kindergarten around the beginning of June after entering. Please submit the submission to the city office by mail or directly to the city hall or municipal administration center (excluding the night window). Please refer to P.20 for details of subsidy, amount of money, etc.

Q7 Are there events for pre-kindergarten children?

A. In kindergartens, we utilize the special characteristics of each kindergarten, and we are carrying out events that allow parents and pre-kindergarten children to participate. Please use as a place to make friends and group play experience. For details, please refer to the Shiho-Musashino or Website.

List of Kindergartens in Musashino city (12 Kindergartens (Private) - 1 Nintei Certified Daycare Center)

Kindergarten Name	Time to come and time to go home		Lunch Number of times/Week	Kindergarten Bus	Kindergarten Uniform	Childcare					Parents burden expenses * We do not include the cost of school uniforms, school lunch, kindergarten bus, etc.		
	Time to come	Time to go home				Childcare fee (Annual amount)		During long term holiday			Payment at entry * Entrance fee and facility fee	Child care fee (Annual amount)	Teaching materials costs, etc. (Annual amount) As a general rule, personal supplies and excursions, etc. are not included (There are exceptions by the kindergarten)
						Finish time	Fee	Period	Time	Fee			
Kashinomi Kichijoji Higashicho 4-7-2 Tel 22-0788	9:00-9:25	14:00 (Wed. 12:00)	School lunch 2 Lunch box 2	-	○	~18:00 *October~March is 17:00	¥200 per hour snack ¥100	summer/15 days winter/4 days	8:30-12:30	¥500 per day	3 years childcare /¥120,000 2 years childcare /¥110,000	3 years old/¥331,200 4-5 years old/¥312,000	3 years old/¥36000 4 years old/¥37200 (Teaching materials cost + Personal supplies fee + Air conditioning fee)
Musashino Soai Kichijoji Minamicho 2-31-4 Tel 43-5260	9:00-9:15	14:00 (Wed. 11:30)	Lunch box 4	-	-	~18:00	¥1,000 per day (~17:00) ¥1,500 per day (~18:00) ¥15,000 per month	summer/23 days winter/3 days spring/6 days	8:30-18:00	10:00~14:00 ¥1,000 per day 8:00~18:00 ¥2,500 per day	¥110,000	¥300,000	¥25,000 (Teaching materials cost + Air conditioning fee + Selection fee)
Sumire Kichijoji Honcho 2-32-10 Tel 22-2701	9:00-9:15	14:00 (Wed. 11:30)	Lunch box 4 Mon. - Thu. can choose school lunch	-	○ No uniform for Babies	~17:00	¥500 per hour	summer/16 days	8:30-12:30	¥1,500 per day	3 years childcare /¥240,000 2 years childcare /¥160,000	¥372,000	¥38,000 (Teaching materials cost + Air conditioning fee + Selection fee)
Musashino Chuo Kichijoji Kitamachi 4-5-13 Tel 52-1136	9:00	14:00 (Wed. 11:30)	Lunch box 4 Emergency lunch order available (Mon. - Thu.)	-	-	~17:00	¥500 per hour ¥18,000 per month (Monthly use policy)	summer/16 days winter/4 days spring/5 days	summer/9:00-17:00 winter, spring/8:00-17:00	¥2,400 per day	¥115,000	3 years old/¥330,000 4-5 years old/¥318,000	¥24,000 (Teaching materials cost + Air conditioning fee + Parents fee)
Musashino Chuo 2 Kichijoji Kitamachi 4-4-34 Tel 52-1136	9:00	14:00 (Wed. 11:30)	Lunch box 4 Emergency lunch order available (Mon. - Thu.)	-	-	~17:00	¥500 per hour ¥18,000 per month (Monthly use policy)	summer/16 days winter/4 days spring/5 days	summer/9:00-17:00 winter, spring/8:00-17:00	¥2,400 per day	¥115,000	3 years old/¥330,000 4-5 years old/¥318,000	¥24,000 (Teaching materials cost + Air conditioning fee + Parents fee)
Keyaki Nishikubo 1-49-4 Tel 52-2186	8:30-9:00 * 30 minutes late in winter	14:00 (Wed. 11:30)	School lunch 2 Lunch box 2	-	○	~17:00 * (Except Wednesday)	¥200 per hour ¥500 per day	summer/15 days winter/4~5 days	summer/9:00-14:00 winter, spring/9:30-14:00	¥1,000 per day (+¥100 early childcare from 8:00)	2-3 years childcare /¥100,000 1 year childcare /¥80,000	¥306,000	¥28,000 (Teaching materials cost + Air conditioning fee + Facility maintenance cost)
Seisen Nishikubo 3-13-5 Tel 53-3374	8:45-9:20	14:00 (Wed. 13:00)	School lunch 3 (Selectivity 2 times) Lunch box 2	-	○	~17:30	¥300 per hour ¥10,000 per month	summer/16 days winter/6 days spring/9 days	8:15-17:30	¥500 per half a day ¥1,000 per day	¥30,000	The amount set by the city according to the income of the household ¥0~¥308,400	-
Miyama Midoricho 1-6-22 Tel 51-6029	8:30-9:00 * 30 minutes late in winter 1st, 3rd, 5th Saturday morning childcare	13:30 (Winter 14:00) 1st, 3rd, 5th Saturday morning childcare	Lunch box 4 Sandwich order available	-	○	~17:30	¥150 per 30 minutes (snack ¥100) ¥15,000 per month	summer/10 days winter/3 days spring/4 days	8:00-17:00	¥300 per hour ¥2,000 per day (snack ¥100)	¥95,000	3 years old/¥274,800 4-5 years old /¥266,400	¥21,800 (Teaching materials cost + Air conditioning fee + Selection fee)
Musashino Higashi 1 Sekimae 3-29-8 Tel 51-3640	8:30 9:30 There is 1 hour time lag depending on the area	13:30 (Wed. 11:00) 14:00 (Wed. 12:00)	School lunch 4	○	○	~17:00	¥1,000 per day Wed. ¥1,200 per day +¥300 lunch fee ¥15,000 per month	Saturdays, Sundays and holidays Weekdays except year end and new year	8:00-17:00	¥1,700 per day +¥300 lunch fee ¥15,000 per month	¥145,000	¥324,000 Lunch Fee ¥5,000/per month	¥38,300 (Teaching materials cost + Air conditioning fee + Supporter fee)
Musashino Higashi 2 Sekimae 3-37-10 Tel 53-4367	8:30 9:30 There is 1 hour time lag depending on the area	13:30 (Wed. 11:00) 14:00 (Wed. 12:00)	School lunch 4	○	○	~17:00	¥1,000 per day Wed. ¥1,200 per day +¥300 lunch fee ¥15,000 per month	Saturdays, Sundays and holidays Weekdays except year end and new year	8:00-17:00	¥1,700 per day +¥300 lunch fee ¥15,000 per month	¥145,000	¥324,000 Lunch Fee ¥5,000/per month	¥38,300 (Teaching materials cost + Air conditioning fee + Supporter fee)
Eiko no Sono Sakai 1-11-6 Tel 54-1200	8:30-9:00	13:30 (Wed. 11:20)	School lunch 4	○	○ (Used only for the ceremony)	~18:30	¥1,500 per day ¥18,000 per month	Saturdays, Sundays and holidays Weekdays except year end and new year	7:30-18:30	¥1,500 per day 【July - August】 ¥20,000 per month	¥150,000	¥360,000	¥21,000 (Teaching materials cost + Air conditioning fee + Interview fee)
Shotoku Kyonancho 2-11-8 Tel 31-3839	8:45-9:25	14:00 (Wed. 13:30)	School lunch 4 Lunch box 1	○	○	~17:30	¥600 per day	Family priority working in July	8:00-17:30	¥1,000 per day	¥270,000	¥414,000	¥36,500 (Teaching materials cost + Health and sanitation expenses + Air conditioning fee)
Nintei Certified Daycare Center													
Sakai Kodomoen (2 years childcare) Sakai 4-11-6 Tel 53-2312 For residents of the city	9:00	14:00	School lunch 5	-	-	~17:00	¥500 per day	Every day except Saturdays, Sundays and holidays during summer + spring	8:30~17:00	¥800 per day	-	The amount set by the city according to the income of the household ¥0~¥308,100	-

Regional Children's Center ▪ Asobee

We have “Open Classrooms”, “Open School Garden” and “Open Library” at 12 elementary schools.

It is a facility aimed at making children's place to stay on early morning, after school and Saturdays and exchanging children of different ages.

Inquiry: Directly to **Asobee** or **Youth Affairs Section** TEL: 60-1853

<Utilization time>

Open Classrooms Weekdays : 1pm-5pm

 Saturday, Long-term holiday : 9am-noon, 1pm-5pm

Open Library Weekdays : after school-5pm

 Saturday : 9am-noon, 1pm-5pm

 Long-term holiday : Wednesday and Saturday 1pm-5pm

Open School Garden Weekdays : 1 hour before class and after school-5pm

 Saturday, Long-term holiday : Time varies according to the school

 (* Winter season until 4:30pm)

Regional Children's Center ▪ Gakudo Club

It is a facility that aims at healthy fostering of children by activities mainly focusing on children of elementary school children of parents who cannot take care of their child at home after school due to work, etc. There are 12 city school children's clubs and 3 private school children's clubs in the city.

■City School Children's Club

<Target> 1st to 3rd grade elementary school students living in the city

※For students enrolled in disabled children's frame, up to grade 5.

<Holiday> Sunday, public holiday, New Year's holiday

<Utilization time>

 (Normal) After classes - 6 pm

 (Public school holiday) 8am-6pm

 (Saturday) 8am-6pm

 ※Procedures are required separately for use on Saturdays.

<Training fee> 8,000 yen per person per month (6,000 yen from the second person)

※Extended training (necessary procedures) 18:00 to 19:00 on the previous opening day, ¥ 2,000 per month ¥ 500 per day

※There is a reduction and exemption system for people living protection, residents tax exempt taxable households.

<Admission reception> We accept applications for children who wish to join the new year from November. We are accepting admissions from time to time as often as possible, but if you exceed the capacity you will not be able to join until you get a seat. Even enrolled children are required to apply for members every year.

Inquiry: **Youth Affairs Section** TEL: 60-1853

■Private School Children's Club

It is managed according to the standards of the country and Musashino City. Three locations in the city.

Regarding the method of applying for admission and the condition of child who can join, it depends on each facility. For details, please contact each facility.

Name	Age	Capacity	Opening hours	Address · Tel
Genkiko Nobinobi	1st to 6th grade elementary school student in the city	35	After classes - 8 pm	Sakai 1-16-34 Green Heim Musashino 101 TEL: 53-5019
Musashino e Pal	1st to 4th grade elementary school student in the city	35	After classes - 6 pm	Midoricho 2-1-10 Musashino Higashi elementary school TEL: 53-6211
Senkawa Sakurakko Club	1st to 6th grade elementary school student in the city with Ai no Techo	10	After classes - 6 pm	Yahatacho 4-28-13 Within Disabled Welfare Center TEL: 51-4008

Experiences of Senior Mom

As I was going back to work after childbirth and child rearing, I had to find a facility where I could leave my 2 years old child to be taken care of. Since I had no information on Japanese childcare facilities, I went directly to the city office and asked various questions. It was very helpful because they explained from the general thing of the application for admission to small details kindly. Since the application period for all entrance ceremonies from April in the following year was from November, I made preparations for preparing the documents and visiting daycares so as to make it in time. Many of my friends started 'Hokatsu' (the activity performed by parents to put their children in daycare) from September and October. Fortunately, the entrance from April was decided and I was able to go back to work at ease.

Japanese daycare (Ninca Certified Daycare Center) is a facility that keeps children and keeps them when parents are working or are in a state of sickness, when childcare at home is difficult. People who wish to enter daycare can only enter unless they meet the admission conditions. Since the acceptance period of the entrance application is different for April and the others, it is necessary to prepare for application in according to the desired time of entrance. The reception of the entrance in April of the following year will start around November. Gather information positively by going to the city office or ask directly to the daycare, to check such as early to meet the entrance criteria and which daycare meets our child.

As of April 2017, about 120 people are waiting children in Musashino City (children who are applying for admission and are in a state where they cannot enter the daycare despite of satisfying the entry standards). As the number of entrance applicants is increasing, entering the desired daycare is gradually becoming harder. If the applicant for admission exceeds the capacity, the numerical value used for screening is called "index". A person with a high index can preferentially enter the daycare. Although the method of calculating the index varies depending on the municipality, it seems that you can score high and take a high index, such as when working hour are long. It is quite difficult to enter the desired daycare if it is not possible to obtain a high index for reasons such as short working hours. If the child is over 3 years old, in such cases it is also a way to enter a kindergarten where has a substantial child care (it is also called 'extended childcare' which child care for hours after the regular hours). Basically, conditions for entering kindergarten are not except for age. However, if the number of entrants wishing to enroll exceeds the capacity, you may fall by interview, so let's prepare with multiple kindergartens as candidates.

Musashino City Hall has counselor Nursery Concierge. We receive consultation from each family and provide information on the childcare service that matches the circumstances and hope of the family. If you are having trouble finding children's childcare facilities, you may also consult an expert to help them. Consultation will be in Japanese, so you can also use Interpreter Dispatch of MIA (chargeable).

5. When you want to put the child in daycare.

Child care support service such as temporary childcare

"I need to go out, but I cannot go with my child", "I got sick."

"I want to take a short break ..." We will introduce services that can be used at such times.

Temporary Childcare ・ **Temporarily Accepted**

It is necessary to register in advance in the facilities.

①Daycare

List of the daycare : Minami Daycare, Nishikubo Daycare, Seika Daycare 2, Sakurazutsumi Daycare, Kyonan Daycare 2, Kitamachi Daycare

Target : 3 months after birth in the city ~ Preschool child (Nishikubo is 1 year old, Seika Daycare 2 is 1 year and 3 months old)

Childcare Period :

Monday-Friday 9am-5pm (Nishikubo is 8:30am-4:30pm, Seika Daycare 2 is 9:15am-4:15pm)

Fee

Initial registration fee 500 yen (excluding Nishikubo)

~2 hours	1,000 yen
Over 2 hours ~ 4 hours	2,000 yen
Over 4 hours ~ 6 hours	3,000 yen
Over 6 hours ~ 8 hours	4,000 yen
Lunch fee	300 yen

Inquiry : [To each Daycare see P.29.](#)

②Izumi no Hiroba

Target : From 6 months after birth to 6th grade in elementary school

Childcare Period : Monday - Saturday (Early morning, nighttime, emergency, including accommodation)

Fee

You can choose member registration or visitor usage.

	Member fee
Registration fee	2000 yen
Normal time 8:30-17:30	400 yen/30 minutes 0 years old extra fee 100 yen/30 minutes
Early morning / night time 7:00-8:30 17:30-22:00	500 yen/30 minute 0 years old extra fee 100 yen/30 minutes

How to Use

Advance Registration (Interview) ・ Reservation System (TEL: or Visit)

Inquiry : [Sukusuku Izumi](#)

Address : Kichijoji Honcho 3-27-17

TEL: 77-0213

Emergency Temporary Daycare

In case parents are unable to bring up their children at home due to urgent reasons such as hospitalization, due to death, missing, illness, etc., nursing of hospitalized patients living together, disaster restoration, etc., we will temporarily take care of them.

Please consult the Child Raising Support Section

Target : 6 weeks old - Preschool child

Childcare Period : As a general rule one month

Inquiry : **Child Raising Support Section** TEL: 60-1854

Temporary Overnight Childcare (Temporary Accommodation Type Childcare)

In case parents are temporarily unable to bring up their children at home due to hospitalization, sickness, nursing care of living together family members, disaster restoration, business trips, participation in public events, childcare fatigue, etc. We take care of daily life such as meals and bathing.

Please consult the Children & Family Support Center.

Target : Must live in Musashino and the child must be over 2 years old to 6th grader at elementary school.

Accommodation Period : Within 7 nights

Inquiry : **Children & Family Support Center** TEL: 60-1850

Daycare for children with Sickness or Post-Sickness

We keep children who are in sickness or recovery period of illness but who cannot be treated at home because the parents are absent.

Target :

Must live in Musashino and the child must be from 6 months of age to 3rd grader at elementary school.

How to Use: Advance registration necessary

Childcare time: Monday - Friday (excluding holidays, New Year's holidays, summer vacation, winter vacation) 8 am - 6 pm

■Post-sickness Daycare "Raporu"

Address Nishikubo 2-1-10 Honchu Building 2F TEL: 56-0910

■Sickness/Post-Sickness Daycare "Puchi Anzu"

Address Kyonancho 4-2-27 (couple with Anzu Clinic) TEL: 50-9774

Pre/post Birth Helpers

We send a helper to families with moms who are having difficulty to do housework and parenting due to poor physical condition before and after childbirth, to do housekeeping assistance.

Applicant: A pregnant woman who has the Mother and Child Health Handbook. A maternal woman within 90 days from the next day of birth (within a year from the next day of birth in the case of multiple). (Those who live in the city and who need assistance from being unable to receive housekeeping / parenting assistance from families, etc.)

Usage limit : 80 hours (120 hours in multiple cases)

Utilization time: 4 hours a day in units of 1 hour out of 8:00 am to 7:00 pm (excluding New Year's holidays)

Fee : 500 yen per hour

If transportation expenses are required for services outside the home, actual expenses will be borne

Contents: Preparation of meals, laundry, cleaning, shopping for everyday items, bathing aid, care for brother and sister, etc.

How to apply: Apply at Child Family Support Center or Health Section (Health Center).

Or send the application documents to the Child Family Support Center.

Applications can also be downloaded from the city's website.

Inquiry : **Children & Family Support Center** TEL: 60-1850

Other Organizations

To pick up and drop off to daycare, etc., we take care of babies, simple housework, and various services. For details, please contact each facility.

■NPO Corporation Childcare Service Himawari Mama

Address : Kyonancho 2-10-24 TEL: 32-3322

■NPO Corporation Workers Donguri

Address : Nakacho 3-11-13 TEL: 53-3940

■NPO Corporation Child-rearing Support Space Tokotoko

Address : Yahatacho 3-8-5 TEL: 50-8505

Experiences of the Senior Mom

We also used temporary childcare!

●I used child rearing support of NPO Corporation

• At the age of 2, my son became atopic dermatitis. At night, he could not sleep because it was so itchy that I had to dandle him and I always didn't get enough sleep. My husband and I are both far away from home, so there is no help. I was always irritated because my daily sleep deprivation and my son's atopic dermatitis did not get better. When consulting at the medical examination, I was introduced to NPO Corporations that are providing child rearing support. At first, I was very worried about having a stranger who I do not know taking care of my son.

However, the person who came was a very nice person and my intensely shy son was enough to make it familiar on the day. There were only people experiencing child rearing, I was able to leave it with peace of mind. They went out together and when he came back he looked more cute.

I was relieved from the first time childcare and I was able to relax and it helped me a lot. Even now, I remember nostalgically about those who took care of my son those days. For children, for Dad and Mom, I think I can spend my daily life more enjoyable by using temporary childcare.

●I used Daycare for children with Sickness or Post-Sickness

I usually have my son kept at the daycare, but he sometimes gets sick (a fever, etc.), and be absent from the daycare. Although the fever fell, I am still worried to let him play in the daycare. In such cases, I was able to take my child at a post-sickness childcare facility with a nurse, and I was able to work with peace of mind. It is better to register before the child gets sick.

●I used Pre/Post Birth Helpers System

• During pregnancy, I was diagnosed as a pre-placenta and was told to rest quietly in bed from my doctor. However, because I had a 2 year old boy who still love to play outside, I could not sleep at home all day.

At that time, I learned about Pre/Post Birth Helpers System, and the Helper took my son to play outside in the morning. Thanks to that, I got some time to lie down.

• It was when I gave birth to the third child. The second child was still a kindergarten child and needed to be picked up and dropped off every day. I could not bring out the newborn baby outside so I asked the helper to pick up and drop off to the kindergarten. It was particularly grateful, especially on rainy days.